After the first multidisciplinary block, students choose one of the following specialisations:

Biomedical Imaging
Genetics and Genomics
Inflammation and Pathophysiology
Neuromodulation
Nutrition, Physical Activity and Metabolism
Regenerative Medicine



Interested in the Master's Open Day? Sign up now!

# **Biomedical Imaging**

## Introduction

Imaging is increasingly and widely applied in biomedical studies and clinical practice. Imaging is the application of advanced visualisation tools to bridge the gap between the biomolecular pathways to human diseases. In this unique specialisation students are trained to apply advanced imaging techniques like Mass Spectrometry Imaging, Nanoscopy, Advanced Microscopy, PET and MRI in biomedical research.

With imaging, we are able to understand biological processes, support diagnosis, accessing effectiveness of current treatments and help in the development of new treatments. We have the unique opportunity to study organ function, such as movement of the heart. And we are able to follow a disease process in time, also before clinical symptoms occur.

As a biomedical scientist, specialised in imaging, you are a key person in solving physiological questions with novel imaging methods. You communicate with both clinicians and engineers and you apply state-of-the art imaging methods to clinical demands. You make sure that novel imaging methods can be directly applied in a (pre)clinical (research) environment.

#### Is this the right specialisation for me?

This specialisation is for students with a strong interest in the field of biomedical imaging and its wide application in the biomedical field. Together with experts in the fields, you focus on the application of a broad range of imaging techniques in biomedical and (translational) clinical research and use these techniques to answer specific questions related to oncology, neurology, cardiovascular disease, metabolic disordera, just to name a few applications.

During internships, you have the opportunity to contribute to projects related to

cancer, neurodegenerative, cardiovascular and metabolic diseases. The excellence of imaging infrastructure and expertise at Maastricht UMC+ is recognised worldwide.

#### What will I learn?

Within this specialisation, you learn how to apply novel technologies to biomedical sciences to solve a biomedical research question. You also learn the basic principles of the imaging modalities, so you can make correct choices of imaging methods for specific questions. The focus is really on the biomedical problem and not so much on the underlying methodology/technology.

The courses within the specialisation offer interactive teaching to learn from expert researchers, hands-on experiments through practicals, lab visits, workshops, projects, interaction with clinicians, and internships in our research laboratories.

## What are my career prospects?

The world needs highly skilled scientists to apply imaging to scientific research, and within the clinic. This specialisation prepares you for a career at a university, in different research institutes affiliated with academic organisations, companies (biomedical and pharmaceutical companies; medical devices) and university hospitals.

## **Programme**

## Course 1: Pre-clinical Imaging

This first course is focused on pre-clinical imaging, which ranges from ex vivo imaging of a single molecule to in vivo imaging of animal models. The course aims to give you insight into the basic principles as well as the biomedical applications of ex vivo and noninvasive in vivo imaging techniques. Imaging techniques that will be discussed are mass spectrometry imaging (MSI), electron and light microscopy (EM and LM), ultrasonography, Magnetic Resonance Imaging (MRI), Computed Tomography (CT), and nuclear imaging (Single Photon Emission Computed Tomography (PECT) and Positron Emission Tomography (PET).

You learn to prepare samples, acquire, transform, analyse and utilise various imaging modalities to visualise sub-cellular structures up to whole animal imaging. Combined, these preclinical research methods pave the way for new diagnostic approaches required for personalised and systems medicine.

Within this course you will design a project to learn how to solve a biomedical research question with advanced imaging. The distinctive (molecular) imaging infrastructure at the Maastricht UMC+ is available for students, who will have the opportunity to meet and interact with experts in the imaging field.

## Course 2: Clinical Imaging

This second course in this specialisation focuses on the application of imaging to address physiological and pathological disease processes in man in a clinical (research) setting. Imaging technologies provide increasingly accurate detail on morphology, structure, function and dynamics of living systems. In life sciences and (translational) clinical research, the use of (diagnostic) imaging technologies has become increasingly widespread and has now also entered the area of prevention and therapy monitoring.

This course focuses on imaging in treatment decisions based on molecular clinical diagnostic information and patient images. Clinical imaging focuses on in vivo imaging, image-guided interventions/biopsies and molecular tissue pathology and morphology. This course addresses translational aspects from systems biology to in vivo imaging of the patient with MRI/MRS and other radiological methods.

You will be introduced to the concept of radiomics in which imaging features are extracted from medical images. Intraoperative diagnostics and image-guided surgery are studied as innovative approaches that put molecular analytical information in the hands of medical practitioners. This course teaches biomedical scientists to be the interface between imaging technology and the clinic. Moreover, this course provides a translational / clinical environment to teach students to work side-by-side with clinicians on innovations in systems medicine.

#### **More information**

For more information on admission, please contact our <u>master admission office</u>.

## Ask a student

Mandana chose the specialisation *Biomedical Imaging*. She posts weekly about her experiences on <u>Instagram</u>.

She is also happy to answer your questions about the master's programme in Biomedical Sciences, her specialisation and (student) life in Maastricht through DM on Instagram.

This video gives you an impression of the specialisation *Biomedical Imaging*. It is a show and tell by three people who are in one way or another involved in this specialisation: dr Tiffany Porta Siegel, student Rob Janssen and senior principal scientist at Janssen Pharma Rob Vreeken.

# Master BMS, specialisation Imaging from Molecule to Man

# **Genetics and Genomics**

#### Introduction

Genetics and genomics both play roles in health and disease. Genetics helps us understand how diseases are inherited, what screening and testing options or treatments are available. Genomics helps us to discover why some people get sick from certain infections, environmental factors, and behaviours, while others do not.

## Is this the right specialisation for me?

This specialisation is developed in order to provide students with a strong foundation and expertise in the field of genetics. Main focus is on the application of genetics and genomics principles in scientific research and in the clinic with specific attention for cancer, cardiogenetics, neurogenetics, model systems, forensics and personalised medicine.

#### What will I learn?

You will:

obtain knowledge about technologies for high-throughput collection of 'omics' data and about models used for genetic manipulation or complex human disorders;

learn about the concepts and limitations of genetic testing, genetics diversity and the influence of epigenetics on the fundamental regulation of gene expression;

analyse data and define ethical and societal issues concerning genetics and genomics; apply the concepts of molecular genetics in the context of research and treatment of diseases

(cancer progression, cardiogenetics and neurogenetics); identify genetic and biological pathways in complex diseases; and apply genetics and genomics in personal medicine.

## What are my career prospects?

This specialisation prepares you for a research-oriented future in the field of genetics and genomics in academia, biomedical companies and in the clinic.

## **Programme**

In the first course, the basic principles of genetics and genomics will be taught. This course serves as the basis for work in the second course, which focuses on translation and application of the knowledge obtained in the first course to solve challenging clinical problems.

## Course 1: Advanced Principles of Genetics and Genomics

In this course, the molecular mechanisms of genetic and environmental influences on gene expression and protein function are being addressed. Additionally, the principles of several algorithms and the databases and analytical programmes available in the public domain are being addressed. Finally, the impact of genetics and genomics on research and society with respect to personalised medicine and ethical issues will be discussed.

#### Course 2: Clinical and Applied Genetics and Genomics

This course further elaborates on the application of genetics and genomics principles in scientific research and clinical applications with specific attention for cancer, cardiogenetics, neurogenetics, model systems, forensics and personalised medicine.

#### More information

For more information on admission, please contact our master admission office.

# Ask a student

Daniel chose the specialisation *Genetics and Genomics*. He posts weekly about his experiences on <u>Instagram</u>.

He is also happy to answer your questions about the master's programme in Biomedical Sciences, his specialisation and (student) life in Maastricht through DM on Instagram.

This video gives you an impression of the specialisation *Genetics and Genomics*. It is a show and tell by three people who are in one way or another involved in this specialisation: prof.dr Ronit Shiri-Sverdlov, student Jasper Germeraad and laboratory specialist in clinical Genetics at MUMC+ dr Bianca van den Bosch.

# **Master BMS, specialisation Genetics and Genomics**

# **Inflammation and Pathophysiology**

#### Introduction

Our aging society is facing many threats, including oncologic, neurologic and cardiovascular problems. Frequently, these problems are of inflammatory nature or are caused by infections. Therefore, this specialisation aims to develop a thorough, clinically relevant understanding of different mechanisms of development of disease. The specialisation also describes current relevant animal models.

## Is this the right specialisation for me?

We aim to prepare you to contribute to the understanding of inflammation and pathological threads, and develop new treatment strategies. The development includes engineering of the immune system to develop cell therapies, antibody therapy, vaccination, drug development and gene therapy.

This is the specialisation for you:

if you are interested in manipulation of the immune system, and if you wish to pursue a career either in industry (biotechnology) or academia.

## What will I learn?

You will:

learn pathophysiology of relevant organs,

learn techniques for the study of molecules, cells and organisms,

obtain clinically relevant understanding of different mechanisms of disease,

learn to target immunological threads,

create new therapeutic strategies targeting the immune system,

get prepared for working in academy and industry,

read and think in a critical way,

design, conduct, analyse, explain and defend your research (via research papers, essays, presentations), and

collaborate in small teams.

Goals of this specialisation are:

to understand path-o-phys-i-ol-o-gy:

the study of structural and functional changes in tissue and organs that lead to disease; to evaluate different types of therapies, vaccination and immune system effector functions; to engineer the immune system, treatment of disease.

## What are my career prospects?

This specialisation prepares you for a research career in the field of inflammation and pathophysiology in academia, hospitals, and industry (biomedical companies) et cetera (e.g. PhD, embedded scientists, R&D).

#### **Programme**

This specialisation combines an education in concepts with a sophisticated training in immunological techniques.

Course 1: Inflammation and Pathophysiology

learn sterile inflammation and other pathological threats leading to degeneration explain hypersensitivity disorders

explain immunity to tumors

appraise immunity to microbes

Course 2: Inflammation and Pathophysiology - Engineering the Immune System, Treatment of Disease

explain and design antibody engineering

Master Biomedical Sciences
explain and design cell therapy
evaluate and design vaccination
discuss organ transplantation
appraise gene-therapy techniques
assess the potential of microbiome targeting

#### More information

For more information on admission, please contact our master admission office.

## Ask a student

Sofia chose the specialisation *Inflammation and Pathophysiology*. She posts weekly about her experiences on <u>Instagram</u>.

She is also happy to answer your questions about the master's programme in Biomedical Sciences, her specialisation and (student) life in Maastricht through DM on Instagram.

This video gives you an impression of the specialisation *Inflammation and Pathophysiology*. It is a show and tell by three people who are in one way or another involved in this specialisation: prof.dr Pilar Martinez, student Jan Gaede and dr. René Hoet (VP Biologics Research at Bayer AG and professor in Biopharmaceutics at UM).

# Master BMS, specialisation Inflammation and Pathophysiology

# Neuromodulation

#### Introduction

Neuroscience has provided invaluable insights into the organisation of the central nervous system. Building on decades of fundamental and clinical research, neuromodulation has recently emerged as a very promising field that has the potential to change the neuroscience landscape. Equipped with detailed knowledge of neuroanatomy and neurophysiology, a wide spectrum of invasive and non-invasive techniques has been developed that allows manipulation of the central nervous system from the micro to the macro level. This offers unprecedented opportunities for scientific research and opens the door for novel clinical applications in various diseases/disorders of the central nervous system. To illustrate, deep brain stimulation can target specific nuclei in the brain stem to instantly reduce tremor in Parkinson's disease. Transcranial magnetic stimulation has proven efficacy in drugresistant depression with virtually no side effects. Spinal cord stimulation can alleviate chronic pain symptoms. These and many more examples will be illuminated in this specialisation in neuromodulation.

Maastricht University has a strong tradition in neuromodulation research and application, across a wide spectrum of neuromodulation techniques. Embedded in this unique neuromodulation network, we offer this one of a kind specialisation as part of the master's in Biomedical Sciences. This specialisation is interdisciplinary in content and inter-departmental in structure, designed to offer cutting-edge theoretical and methodological training. Students will be able to choose between

internships in research laboratories, and/or clinical placements, and/or industrial settings. Students will be prepared to unravel the mechanisms of the human brain and to unleash the full therapeutic potential of neuromodulation in various clinical fields.

## Is this the right specialisation for me?

This specialisation is developed for students who are enthusiastic about the potential of neuromodulation in scientific research. We hope to attract curious and creative minds that are eager to learn the principles of neuromodulation, get inspired by current clinical applications, and then proceed to contribute to this highly interdisciplinary field.

#### What will I learn?

#### You will:

have essential knowledge about neuroanatomy and neurophysiology to understand the basic principles of current neuromodulation techniques,

have a comprehensive overview of state-of-the-art neuromodulation approaches and their current clinical applications,

understand how insights into the pathophysiology of the central nervous system can be translated into clinical applications of neuromodulation in neurology and psychiatry, and be aware of current trends, developments, limitations, and future challenges in the field of neuromodulation.

### What are my career prospects?

The field of neuromodulation is increasingly relevant in scientific research, clinical settings, and industry. There is a high demand for skilled experts who can further develop existing methodology, explore novel applications, and promote the implementation of neuromodulation approaches in clinical practice. This specialisation prepares you for a future in the field of neuromodulation at an academic organisation, clinical institution or biomedical company(e.g. PhD candidate, embedded scientists, R&D).

#### **Programme**

This specialisation offers a comprehensive overview of the fundamental principles and applications of current neuromodulation techniques.

#### Course 1: Fundamental Neuromodulation

The first course starts by providing essential knowledge about neuroanatomy and neurophysiology required to understand the basic principles of current neuromodulation techniques. Building on this foundation, various state-of-the-art neuromodulation approaches will be explored in detail, with a particular focus on deep brain stimulation, spinal and sacral neuromodulation, and transcranial magnetic stimulation. Next to conventional neuromodulation techniques, the participants will be introduced to novel neuromodulation techniques including optogenetic, chemogenetic and wireless neuromodulation. At the end of this course, students will have a proper understanding of current neuromodulation techniques and they will be aware of recent trends and developments in the field.

#### Course 2: Translational Neuromodulation

The second course showcases how insights into the pathophysiology of the central nervous system can be translated into clinical applications of neuromodulation in neurology and psychiatry. Various novel treatment approaches using neuromodulation have emerged over the last few years and are increasingly used world-wide. Prominent examples include the application of deep brain stimulation in Parkinson's disease, and the treatment of depression using transcranial magnetic stimulation. These and many other examples will be discussed, revealing the potential of neuromodulation in clinical practice.

#### More information

For more information on admission, please contact our master admission office.

# Ask a student

Tara chose the specialisation *Neuromodulation*. She posts weekly about her experiences on <u>Instagram</u>.

She is also happy to answer your questions about the master's programme in Biomedical Sciences, her specialisation and (student) life in Maastricht through DM on Instagram.

This video gives you an impression of the specialisation *Neuromodulation*. It is a show and tell by three people who are in one way or another involved in this specialisation: researcher Alix Thomson, prof.dr Alexander Sack and prof.dr. Yasin Temel.

# MSc Biomedical Sciences: specialisation Neuromodulation

# **Nutrition, Physical Activity and Metabolism**

## Introduction

A lifestyle characterised by overnutrition of macronutrients and underconsumption of micronutrients, along with physical inactivity translates into derailments in metabolic health and ultimately into deteriorated function and health. A wide range of currently prevalent disorders in westernised societies find common ground in metabolism that goes awry.

The aim of this specialisation is to understand the physiology and the mechanisms underlying these derailments to provide the basis for the ultimate design and optimisation of preventive and therapeutic nutritional and life-style interventions that improve metabolic health and alleviate the diseased state.

## Is this the right specialisation for me?

If you have a genuine interest in how diet, physical activity and a sedentary lifestyle affect health... If you are interested in the mechanisms (from molecule to man) governing the (mal)adaptive responses of the human body to changes in energy availability and demand...

If you would like to know the state-of-the-art on how exercise and physical activity interventions can promote health...

If you are eager to gain the knowledge needed to design novel life-style interventions to promote health...

Than this is the specialisation of your choice!

## What will I learn?

In this specialisation you will study deeply into:

the integrative and interorgan physiology of key metabolic processes;

the biochemical and cellular basis for diet- and exercise-induced alterations in health; the biochemical and cellular basis for the health threatening effects of a sedentary life-style;

how nutrition and physical activity affect non-communicable diseases; identification of routes fundamental to the design of non-exercise related life-style interventions to promote energy turnover and health.

#### What are my career prospects?

To halt the progressive increase in prevalence of disorders that find common ground in disturbed metabolism, we need highly skilled people to identify potentially successful targets and routes for intervention via scientific research. This includes research in academia, hospitals and industry (ranging from biomedical and pharmaceutical companies to companies developing wearables to monitor health and physical activity). You can also apply the knowledge acquired in (academic) teaching or in public health settings to provide new scientific background to novel health promotion programmes.

## **Programme**

Course 1: Nutrition, Physical Activity and Metabolism: Fundamental Aspects This course will provide in-depth insight into the major systems of human nutritional and exercise physiology and metabolism. With basic knowledge on nutrient uptake across the gastrointestinal tract as the starting point, the course will focus on cell and organ specific routes for conversion of macromolecules into their oxidizable derivatives. Importantly, the pivotal role of intermediary metabolism, metabolites and small circulatory hormones like peptides in metabolic control and interorgan cross-talk (muscle-liver-adipose tissue-cardiovascular system-brain) will be thoroughly studied in the fasted, post-prandial and exercised state. This course will provide the mechanistic basis to understand how aberrations in energy and substrate metabolism can be the common denominator in multiple highly prevalent disorders like Alzheimer's disease, Parkinson, some types of cancer or metastases, COPD, sarcopenia, obesity, type 2 diabetes and related cardiovascular disorders. Alterations in energy status, energy sensing and energy turnover have all been associated with these disorders. These alterations may originate from compromised nuclear receptor signaling, posttranscriptional modulation via e.g. micro RNA's, post-translational modification (acetylation, glycosylation, phosphorylation) hampering protein function and metabolic processes altering NAD+/NADH and ADP/ATP related energy status of the affected cells. With mitochondria being the subcellular hub in energy turnover, detailed knowledge on the dynamics of the mitochondrial network is considered an essential part of this course.

Course 2: Lifestyle Interventions and Metabolism; a Translational Perspective
In this course the role of diet and physical activity to prevent chronic disease in humans will be considered. Lifestyle factors modulating metabolism on a micro (cellular) and macro (organ) scale will be studied via a translational approach. This course will take conventional strategies to promote health (like nutritional and exercise interventions) to the next level by exploring the underlying mechanisms and how these interventions may prevent chronic diseases like cardiovascular disease, cancer, chronic respiratory diseases and diabetes. Interventions like weight loss, (nutritional) compounds, exercise, sedentary behaviour, sleep, stress management promoting metabolism will be topic of study. The basis for inter-individual differences in responsiveness, including genetics, will be studied in the light of personalised interventions to promote health and prevent disease.

#### **More information**

For more information on admission, please contact our master admission office.

## Ask a student

Jana chose the specialisation *Nutrition, Physical Activity and Metabolism*. She posts weekly about her experiences on <u>Instagram</u>.

She is also happy to answer your questions about the master's programme in Biomedical Sciences, her specialisation and (student) life in Maastricht through DM on Instagram.

This video gives you an impression of the specialisation *Nutrition, Physical Activity and Metabolism*. It is a show and tell by three people who are in one way or another involved in this specialisation: prof.dr Matthijs Hesselink, student Marvin Feldmann and nutrition and movement sciences researcher at UM Marlies de Ligt.

# <u>Master BMS, specialisation Nutrition, Physical Activity and</u> Metabolism

# Regenerative Medicine

#### Introduction

An increasingly ageing population in the industrialised world is accompanied by a number of new challenges. For example, as ageing is combined with a more active lifestyle, the demand for treatments for damaged and diseased organs and tissues also increases.

The interventions that are used to successfully restore the function of damaged organs or tissues have also changed in the past decades. While some thirty years ago implants were used to passively take over the function of a poorly functioning tissue, nowadays the focus is on developing methods that temporary 'trigger' the body to repair or regenerate itself. Furthermore, such interventions need to be affordable, as the burden to our healthcare system is also growing.

To be able to develop successful and affordable regenerative strategies, knowledge must be integrated from different disciplines. An active collaboration between chemists, materials scientists, physicists, biologists, computational scientists and clinicians is required to make a true difference in the biomedical field.

### Is this the specialisation for me?

This specialisation is developed for students with an interest in a multidisciplinary field aiming at creating solutions to restore structure and function of permanently damaged tissues and organs by using a combination of science and technology. Regenerative medicine (RM) is inherently translational and uses basic scientific knowledge to solve real clinical problems. Within this specialisation, topics will focus on both the molecular biological (including stem cell biology and gene therapies) and technological (including tissue engineering and bio-fabrication technologies) aspects, and the combination thereof within a clinical context.

#### What will I learn?

You will:

obtain an overview of the science and technology in the field of RM;

be exposed to the essence of multi-disciplinarity within RM;

understand the difference between basic science and translational science;

learn how to bring novel inventions within the field of RM to the market;

make the scientific journey from basic science and technology towards a clinical application; and learn to communicate specialised knowledge to a group of scientists with different background and specialisations.

## What are my career prospects?

This specialisation prepares you for a research-oriented future in the field of regenerative medicine in academia, biomedical companies, et cetera (e.g. PhD, embedded scientists, R&D).

#### **Programme**

In the first course the basic principles of RM are taught. This course serves as the basis for work in the second course, which focuses on translation and application of the knowledge obtained in course 1 to solve challenging clinical problems.

## Course 1: The Science and Technology of Regenerative Therapeutics

This course is about exposure to the essence of multi-disciplinarity of RM. You will increase your level of knowledge on the technology and science behind regenerative medicine such as cell therapy, material science, fabrication technologies and combinations of these, within a clinical context.

#### Course 2: Translating Therapies into the Clinic and onto the Market

In this course, we will make the scientific journey from science and technology to the clinic and products. Using actual clinical challenges, you have to work out a new solution to that clinical problem supported by experts in the field. You will know where to put biomedical solutions in the Technology Readiness Level chain and you will learn how to take it a step further and learn to communicate specialised knowledge to a group of scientists from different disciplines.

#### **More information**

For more information on admission, please contact our <u>master admission office</u>.

## Ask a student

Simone chose the specialisation *Regenerative Medicine*. She posts weekly about her experiences on <u>Instagram</u>.

She is also happy to answer your questions about the master's programme in Biomedical Sciences, her specialisation and (student) life in Maastricht through DM on Instagram.

This video gives you an impression of the specialisation *Regenerative Medicine*. It is a show and tell by three people who are in one way or another involved in this specialisation: prof.dr Jan de Boer, student Daphne Eussen and entrepreneur Niloofar Tahmasebi.

# Master BMS, specialisation Regenerative Medicine

# Additional specialisations

## **Hasselt University (Belgium)**

Hasselt University offers two additional specialisations:

Bio-electronics and Nanotechnology, which focuses on biomaterials, the interface between biological and electronic systems, and the broad domain of biosensors.

Environmental Health Sciences, which focuses on the molecular interaction between the environment and cells, toxicology, and risk assessment.

Learn more about these specialisations on <u>Hasselt University's website</u>.

First year courses

# **Biomedical Sciences Year 1**

Fac. Health, Medicine and Life Sciences

# **Biomedical Challenges**

## **Full course description**

Biomedical Science helps us understand living biological systems. The insight and lessons learned can be then used in designing medical interventions. Biomedical Science specifically translates knowledge from the natural sciences to medical applications. In this first course of the master programme students will be introduced to the diverse topics biomedicine deals with. The course will address the disease onset, progression, prevention, diagnostics, and therapies. The students will gain insight in diverse molecular processes that underlie diseases, the pathophysiology, risk factors and societal burden. Understanding of these fundamental principles is necessary to facilitate the development of diagnostics and therapies to better cope with the diseases.

## **Course objectives**

The course's Intended Learning Goals (ILOs):

ILO1 Distinguish different mechanisms and factors behind molecular dysfunction in

- 1. Neuromuscular and mitochondrial disorders
- 2. Mental and neurodegenerative disorders
- 3. Metabolic disorders including obesity and diabetes mellitus
- 4. Disease of choice in the context of the group work

ILO2 For aforementioned disorders describe the current knowledge of

- 1. Etiology of disease including risk factors and lifestyle
- 2. Biomolecular basis of disease
- 3. Manifestation of the molecular dysfunction in the form of phenotype
- 4. Diagnostics (including molecular read-outs)
- 5. Innovative and personalized treatment options

ILO3 Elucidate challenges in aforementioned aspects of disease

ILO4 Work according to the scientific method

ILO5 Synthesize and present complex scientific information on state-of-the-art knowledge and challenges in biomedical field

ILO6 Explore future applications of biomedical knowledge

MBS1001

Period 1

1 Sep 2021 22 Oct 2021

Print course description

ECTS credits:

10.0

Instruction language:

English

Coordinator:

• L.C.C. de Nijs

Teaching methods:

Assignment(s), Work in subgroups, Lecture(s), Paper(s), PBL, Presentations, Working visit(s) Assessment methods:

Assignment, Attendance, Final paper, Participation, Presentation, Written exam Keywords:

biomedical breakthroughs, biological systems, natural sciences, medical applications, disease Fac. Health, Medicine and Life Sciences

# **Biomedical Approaches**

## **Full course description**

Big Data plays a central role in modern biomedical research. A common misconception is that simply generating a large dataset is the end-stage of a research project. However, this is just the beginning! The scientific backlash on genome-wide association studies demonstrate that a large table of statistical associations without biological interpretation and validation is useless. Instead, Big Data should be analysed to generate hypotheses and postulate mechanisms that are explicitly tested or validated in follow-up experiments.

In this course, students will gain hands-on experience with multiple data analysis tools and procedures. Within small groups, student will use this experience and apply these tools and procedures to identify targets from big data sets, both from data-driven as well as knowledge driven perspectives. Analysis choices and interpretation are left at the discretion of the project groups. Based on the identified targets, generated hypotheses and postulated mechanisms, students formulate a follow-up study that they present at the end of the course.

The field has shifted towards a focus on patient-specific research and quick implementation of knowledge to directly benefit end-users (citizens, patients, health professionals). Hence, during this course, students will become aware of the models available and the ethical constrains of biomedical research. Moreover, the identification of potential stakeholders and the patentability of intellectual property is increasingly important. Students will be educated to identify and evaluate these important additional aspects in biomedical research in both an academic as industrial setting.

# Course objectives

Identify and evaluate the risks and stakeholders associated with a research project

B-ILO1002.9

Evaluate the patentability of intellectual property developed within a research project

B-ILO1002.8

Explain the biological relevance of results obtained from Big Data

B-ILO1002.7

Discuss ethical constrains when working with both animals and human participants (GDPR, off target findings)

B-ILO1002.6

Describe and discuss the design of a scientific study based on results/candidates obtained from Big Data analysis (for validation)

B-ILO1002.5

Discuss novel research questions/hypothesis based on Big Data

B-ILO1002.4

Know how to apply various data analysis methods on Big Data

B-ILO1002.3

Know how to access and interpret knowledge available from biological databases

B-ILO1002.2

Understand how and why Big Data is used in biomedical research

B-ILO1002.1

# Recommended reading

tba

MBS1002

Period 2

25 Oct 2021

17 Dec 2021

Print course description

ECTS credits:

10.0

Instruction language:

English

Coordinator:

• R.J. Szklarczyk

Teaching methods:

Assignment(s), Lecture(s), Work in subgroups, Paper(s), PBL, Presentations, Research Assessment methods:

Assignment, Attendance, Computer test, Final paper, Presentation

Keywords:

BigData, omics, data analysis, Association studies, functional validation

Fac. Health, Medicine and Life Sciences

# **Practicals Biomedical Approaches**

## **Full course description**

Within this course there will be three practicals in which you will get hands on experience on Big data/omics and how to analyse/visualize this data. The practicals will be held in Zoom. After a short introduction, you will work in small groups in breakout rooms. Questions can be asked on the discussion board on Canvas. At the end of the practical, each group submits the answers for the practical on Canvas for attendance. The course includes the following practicals:

## Practical 1: omics data analysis (incl biological databases)

Why measure a single entity when you can measure everything at once? Omics technology has opened up the study of complex biological systems, offering a comprehensive view of underlying molecular mechanisms of normal functioning as well as disease. The popularity of omics technology, combined with the requirement of many journals to publish the complete datasets along with your manuscript, has led to an explosion of publicly available datasets. These datasets can be used to explore for example gene expression and metabolite levels in a variety of tissues and conditions (generation of hypotheses), but also to confirm findings from your own research (replication) or to connect them to results of other researchers (integration).

During the practical, you will dive into data generated by real omics experiments of different types. You will explore how to obtain data related to published experiments and how to use the meta-data to be able to reuse the datasets. You will use a variety of (online) tools to explore and interpret the data. We will use thyroid gene expression data as our basis, extended with additional omics data where relevant.

#### **Practical 2: Network biology**

In this practical, you will learn about general network biology approaches applied in biomedical research. Besides fundamental network science principles, the wide applicability of biological networks will be showcased. We will start with molecular pathways, moving on to large protein-protein and compound-protein interaction networks, concluding with disease-gene and patient similarity networks. The network analysis and visualization tool Cytoscape will be used to demonstrate how to construct, visualize, analyse and extend complex biological networks.

## **Practical 3: Metabolic modeling**

It is well known that to support rapid proliferation and survival, cancer cells reprogram their metabolism. For example, compared to normal cells, cancer cells predominantly produce their energy through a high rate of glycolysis followed by lactic acid fermentation even in the presence of abundant oxygen, a process known as the Warburg effect. Unsurprisingly, genes encoding proteins involved in energy metabolism are frequently genetically or epigenetically altered in cancer cells, affecting gene expression and function. In this practical, we will analyze the metabolism of cancer cells by modelling it through a genome scale metabolic model (GEM). Starting from a generic model of human metabolism, we will build a cancer specific model of metabolism. This is done by essentially knocking out genes in the model that are silenced in cancer cells. We will combine such a

model with gene expression data to study the changed metabolism in cancer to identify relevant metabolic behaviors.

## **Course objectives**

Know how to apply various data analysis methods on Big Data

B-ILO1002.3

Know how to access and interpret knowledge available from biological databases

B-ILO1002.2

Understand how and why Big Data is used in biomedical research

B-ILO1002.1

MBS1012 Period 2 25 Oct 2021

17 Dec 2021

Print course description

ECTS credits:

0.0

Instruction language:

English

Coordinator:

• R.J. Szklarczyk

Teaching methods:
Assignment(s), Lecture(s), Skills
Assessment methods:
Assignment, Attendance
Fac. Health. Medicine and Life Sciences

# **Biosafety**

# **Full course description**

This course is an introduction to the principles of biosafety, how to work safely with biological agents, microorganisms and genetic modified organisms in laboratory.

In Hospitals and (Biomedical) Science biological materials (micro-organisms, eukaryotic cells, tissues, body fluids, faeces...) are intensively used in both basic research and diagnostics. In many situations these biological materials are genetically modified or originated from genetic modified organisms.

The biological materials can be pathogenic and therefore one should know the rules how to handle these material in a safe way to avoid any harm to yourself or the environment. For working with genetic modified organisms additional legislation applies. In this course the importance of working

safely and responsibly with biological materials and genetically modified materials are stressed.

Guidelines and regulation, decontamination and disinfection, disposal and sterilization, facility and equipment design will be discussed.

During the online training in LabBuddy, in which experiments with biological agents (wild-type and genetically modified) are described, all kinds of aspects of working safely with biological agents will be adressed.

If you have passed the course successfully you can perform microbiological work at Biosafety/Microbiological laboratory Level I (BSL-I/ML-I)

## **Course objectives**

- know the principles of biosafety
- know the general biosafety rules and be able to work according to them
- know the legislation related to (genetic modified)microorganism
- know how to handle when spills/incidents occur

MBS1103 Period 2

25 Oct 2021

17 Dec 2021

Print course description

ECTS credits:

1.0

Instruction language:

English

Coordinator:

N. Kisters

Teaching methods:
Assignment(s), Lecture(s)
Assessment methods:
Written even

Written exam

Fac. Health, Medicine and Life Sciences

# **Advanced Principles of Genetics and Genomics**

# **Full course description**

The genome is the fundament of life. In this course, various aspects of the composition of the genome will be addressed, such as unique vs repetitive DNA and transcribed vs non-transcribed segments. Another important aspect is the dynamic nature of the genome, especially in regard to epigenetic modification and of the various types of genetic variation. Epigenetic responses and genetic variation partly underlie complex traits and explain the individual susceptibility to influences from the environment.

In this course the molecular mechanisms of genetic and environmental influences on gene expression and protein function are addressed with special attention for deviation from Mendelian inheritance as well as complex regulatory mechanisms in case of both single-gene and multifactorial

traits and disorders.

Considerable attention in this course goes to analytical methods for genomics and genetics. A technological revolution has taken place since the start of the unravelling of the human genome, leading to the development of techniques to rapidly sequence a complete genome, but also to perform functional analysis of gene expression and protein function and to incorporate the influence of genetic variation and epigenetic modification into these expression data.

These technological applications lead to huge amounts of data demanding specific algorithms for data analysis to be developed by researchers working in bioinformatics. Throughout the course students will obtain experience with several such algorithms, databases and analytical programs available in the public domain.

Finally, the large increase in knowledge on genomics and genetics together with the still growing potential of analytical possibilities impact research, society and the individual's way of life. A time slot in the course will be reserved to discuss these developments.

## **Course objectives**

In this course we address advanced principles of Genetics and Genomics according to specific Themes, which correspond with the Intended Learning Outcomes (ILOs). For each Theme there will be tutorial sessions, a journal club, an expert lecture and career-related sessions, in which researchers will explain the research that they are performing. During site visits students will go to some of the laboratories for genetics and genomics to get insight into the technological requirements for genetic and genomics in daily practice. In addition, several computer sessions are scheduled to introduce and train students in data handling and analysis. Finally, students are requested to write an essay on a specific topic of genetics or genomics. The ILOs of this course are:

- Describe human genetic diversity and its dynamics based on the principles of population genetics.- ILO1
- Integrate the influence of epigenetics with the fundamental regulation of gene expression. ILO2
- Explain the impact of genetic variation on gene expression and protein function.- ILO3
- Explain deviations from fundamental genetics in eukaryotes.- ILO4
- Apply advanced analytical methods of genetics and genomics. ILO5
- Analyze data handling in genetics and genomics. ILO6
- Define ethical and societal issues concerning genetics and genomics.- ILO7

# **Recommended reading**

For this course specific book chapters and scientific articles will be used. Necessary literature will be timely made available through the student portal (EleUM).

MBS1101
Period 3
3 Jan 2022
25 Feb 2022
Print course description
ECTS credits:
10.0
Instruction language:
English
Coordinator:

• L.M.T. Eijssen

Teaching methods:

Assignment(s), Lecture(s), Paper(s), PBL, Skills, Working visit(s)

Assessment methods:

Assignment, Final paper, Participation, Written exam

Keywords:

advanced genetics genomics bioinformatics epigenetics gene-environment interaction gene expression analytical techniques data handling/analysis ethical/societal issues

Fac. Health, Medicine and Life Sciences

# **Pathophysiology of Disease**

# **Full course description**

During the course, an introduction to normal immune system physiology will be given in the form of overview lectures to ensure the same (bachelor) level of knowledge. In addition, during weeks 2 to 7, the focus will also be on understanding inflammation and pathophysiology. Every week has a different theme and the students will be challenged with different diseases where immune system dysregulation plays a role. Students will be given their weekly assignments at the beginning of each week, with a prediscussion session where the expected learning goals of the week will be outlined. Thereafter, they will start pre-discussing a case in smaller groups. During the week, they will have expert lectures, e.g. workshops, technical and practical/training skills and journal club discussions. Time will be given for self-study during the week, for both team and individual work. At the end of the week the students will discuss the case they have been working on and the practical/training skill assignment. Theme week 1 Introduction to the immune system: normal physiology. Theme week 2 Immunity to bacteria Theme week 3 Immunity to viruses Theme week 4 Sterile inflammation and other pathological threats Theme week 5 Immunity to tumors Theme week 6 Hypersensitivity disorders and autoimmunity Theme week 7 Microbe-host interactions in (immune) homeostasis Theme week 8 Project discussions, posters and exam

# **Course objectives**

B-ILO1202.1 Explain immunity to microbes and viruses a) Recognize and compare innate and adaptive immunity to extracellular and intracellular bacteria and viruses. b) Explain immune evasion by extracellular and intracellular bacteria and viruses. c) Know how the functional output of the microbiota regulates metabolic and immune homeostasis d) Recognize microbial dysbiosis and its role in immune-mediated disease predisposition b) Recognize the induction of (innate) immune responses by microbes at mucosal interfaces a) Discuss interplay between microbial colonization and the development of the immune system/induction of tolerance B-ILO1202.5 Explain microbe-host interactions in (immune) homeostasis c) Explain IgE and mast cell-dependent reactions and allergic reactions in humans: pathogenesis and therapy. b) Discuss immunological diseases, their pathogenesis and current therapy. a) Recognize diseases caused by antibodies against membrane receptors and extracellular antigens, immune-complex mediated diseases and disease caused by Tlymphocytes. B-ILO1202.4 Explain hypersensitivity disorders and autoimmunity d) The role of the immune system in promoting tumor growth/tumor progression. c) Effect of the tumor microenvironment on anti-tumor immune responses. b) Explain evasion of the immune response by tumors.a) Differentiate tumor immunity, tumor antigens and immune response to tumors. B-ILO1202.3 Explain immunity to tumors b) Discuss pathological threats such as neurodegeneration, atherosclerosis, and metabolic inflammation. a) Analyze the role of sterile inflammation in trauma

and ischemia-reperfusion. B-ILO1202.2 Explain sterile inflammation and other pathological threats c) Discuss injurious effects of immune responses to extracellular bacteria: inflammation, septic shock.

## Recommended reading

- Immunobiology Janeway and Travis 8th edition - Control of Metastasis by NK Cells, López-Soto A1, Gonzalez S2, Smyth MJ3, Galluzzi L4. Cancer Cell. 2017 Aug 14;32(2):135-154 - Exosomes in cancer: Use them or target them? Bastos N, Ruivo CF, da Silva S, Melo SA. Semin Cell Dev Biol. 2017 Aug 11 - Gut microbiota: Role in pathogen colonization, immune responses, and inflammatory disease. Pickard JM, Zeng MY, Caruso R, Núñez G. Immunol Rev. 2017 Sep;279(1):70-89. - Host-microbiota interactions and adaptive immunity. McCoy KD, Ronchi F, Geuking MB. Immunol Rev. 2017 Sep;279(1):63-69. - Regulation of inflammation by microbiota interactions with the host. Blander JM, Longman RS, Iliev ID, Sonnenberg GF, Artis D. Nat Immunol. 2017 Jul 19;18(8):851-860. -Understanding the Holobiont: How Microbial Metabolites Affect Human Health and Shape the Immune System. Postler TS, Ghosh S. Cell Metab. 2017 Jul 5;26(1):110-130. - Chan YK, Gack MU. Viral evasion of intracellular DNA and RNA sensing. Nat Rev Microbiol. 2016;14(6):360-73. -Christensen MH, Paludan SR Viral evasion of DNA-stimulated innate immune responses. Cell Mol Immunol. 2017;14(1):4-13. - Ivashkiv LB, Donlin LT Regulation of type I interferon responses. Nat Rev Immunol. 2014;14(1):36-49. - Orzalli MH, Knipe DM. Cellular sensing of viral DNA and viral evasion mechanisms. Annu Rev Microbiol. 2014;68:477-92. - Levinson W. Review of medical microbiology and immunology (12th ed., Lange medical books). Part II/VII - Benoit et al. J Immunol 2008. Macrophage polarization in bacterial infections - Mege et al. Curr Opin Inf Dis 2011. Macrophage polarization in bacterial infections - Netea et al. Science 2016. Trained immunity: a program of innate immune memory in health and disease. - Guilliams Nat Rev Immunol 2017. Does Niche competition determine the origin of tissue-resident macrophages? - de Oliveira et al. Nat Reve Immunol 2016. Neutrophil migration in infection and wound repair: going forward in reverse.

MBS1201
Period 3
3 Jan 2022
25 Feb 2022
Print course description
ECTS credits:
10.0
Instruction language:
English
Coordinator:

#### • M.P. Martinez Martinez

Teaching methods:

Assignment(s), Lecture(s), Work in subgroups, Paper(s), PBL, Presentations, Research, Skills, Working visit(s)

Assessment methods:

Assignment, Attendance, Final paper, Presentation, Written exam, Participation Keywords:

Pathophysiology/Animal models Infections: virus, bacteria Sterile inflammation Microbiota Metastasis, tumor evasion Exosomes Innate/Adaptive immune responses Autoantibodies/Autoimmunity Allergy

Fac. Health, Medicine and Life Sciences

# Nutrition, Physical Activity and Metabolism; Fundamental Aspects

## **Full course description**

This course aims to provide a solid fundament to understand the mechanisms underlying the metabolic aberrations that are commonly observed in many of the current no-communicable disorders. A proper understanding of these mechanisms is essential to design, optimize, apply and examine interventions that aim to alleviate the metabolic aberrations and to slow down disease progression. To this end this course will encompass studying the major systems involved in human (nutritional) physiology and metabolism. This ranges from the process of nutrient uptake across the gastrointestinal tract to cell and organ specific routes for conversion of macromolecules into their oxidizable derivatives.

The pivotal role of intermediary metabolism and (subcellular) energy sensing and of metabolites and small circulatory hormone like peptides (e.g., adipocytokines) will be studied. This course will, therefore, further deal with the important notion of inter-organ cross-talk and designates how to convey this knowledge to the development of whole body metabolic control. It will provide a basis for targeted treatment of aberrations in (energy) homeostasis, substrate metabolism, inter-organ cross talk as related to macronutrients (fat, carbohydrates, and protein) and specific nutritional components. Special attention will be given to the metabolic routes that are altered in acute and chronic metabolic disorders and the putative role of the biological clock herein. More specifically, these disorders are discussed in relation to the role of nutrition in preventing and treating these disorders.

Nutrients play a role in the regulation of gene transcription, translation, and signal transduction. This, of course, affects cellular pathways. If these pathways become disturbed, it may ultimately result in disease, which may require special dietary interventions. In this course, the molecular basis and cellular mechanisms by which nutrients affect metabolic control is studied at the cellular level.

# Course objectives

- 1. Describe the function and interaction of the listed organs in nutritional physiology and physical activity: Liver, stomach and gut, adipose tissue, brain and muscle.
- 2. Explain and predict the uptake, storage, degradation, and the intermediary metabolism of nutrients and substrates on organ, cellular and subcellular level.
- 3. Characterize the transport, uptake and metabolism of macro- and micronutrients.
- 4. Explain competition and selection of nutrients and substrate flux in pre- and post -prandial states.
- 5. Explain competition and selection of nutrients, and substrate flux during rest and exhaustive exercise in a trained and untrained state.
- 6. Apply the concepts above to healthy and chronic disease scenarios.
- 7. Characterize metabolic aberrations in chronic disease and come-up personalized interventions for intervention.
- 8. Argue the translational aspects of nutritional and physical activity related model systems.
- 9. Argue the scientific basis for policy making on human nutrition, physical activity, and dietary guidelines.
- 10. Critically evaluate recent manuscripts discussing aspects of health related to nutritional status and physical activity.

MBS1301

Period 3 3 Jan 2022 25 Feb 2022 Print course description

ECTS credits:

10.0

Instruction language:

English

Coordinator:

• M.K.C. Hesselink

Teaching methods:

Assignment(s), Lecture(s), Work in subgroups, Paper(s), PBL, Presentations

Assessment methods:

Assignment, Attendance, Final paper, Written exam

Fac. Health, Medicine and Life Sciences

# Science and Technology of Regenerative Therapeutics

## **Full course description**

This is the first course for the Regenerative Medicine (RM) specialization within the Biomedical Sciences (BMS) Master's program. This first block will provide the student with a solid foundation of knowledge in the interdisciplinary field of RM. At its core, RM aims to replace, engineer, or regenerate tissues and organs in order to establish normal function in the human body. Not falling completely within a traditional discipline, researchers and teams within RM combine fundamental physical and biomedical sciences with technology and engineering in order to discover novel methods of regenerating the body. With successes, scientists within RM must also be able to effectively translate this scientific knowledge into a useful clinical therapy. In this first course, students will learn the basics in not only the biological science of regeneration, including stem cell biology and pathophysiology, but also the technology behind RM, including materials science, chemistry, biofabrication, and computational modeling. This intensive course employs a variety of educational forms in order to both give an overview of the field and allow students to dig into topics of interest. Students will learn to work in teams, to think critically utilizing the scientific method, and to communicate across the borders of traditional disciplines. Already in this first block, the acquired knowledge will directly be applied to propose new solutions for state-of-the-art RM case studies.

# Course objectives

- Understand the molecular processes of wound healing and modulation of tissue homeostasis, and how these mechanisms can be leveraged in the development of regenerative therapies.
- Obtain working knowledge of both a cell's (or tissue's) immediate natural environment, and the current uses of biomaterials to provide artificial environments for tissue growth.
- Understand the successes and failures of current (stem) cell regenerative approaches.
- Understand the different applications of organoid technology for studying development, homeostasis, tissue repair, and diseases.
- Be able to describe the composition and organization of ECM (the original biomaterial) and understand the synthesis, structure, and degradation of therapeutic biomaterials.

- Be able to describe processing technologies used to fabricate biomaterials into 3D scaffolds for tissue engineering, and be able to identify what the important factors of scaffold design are.
- Understand the basics of microfabrication techniques and the working concepts of bioreactors and organ-on-a-chip.
- Understand the importance of the cell-material interface for tissue engineering, and be able to explain how Materiomics approaches can aid in the designing of this interface.
- Be able to critically assess the quality aspects of a research question, methodology, and results. Be able to make supported decisions when designing a regenerative medicine experiment.
- Be able to clearly present and discuss scientific research in the field of regenerative medicine to those within and outside of the field.

## **Recommended reading**

The basic literature for the course:

- Clemens Van Blitterswijk and Jan de Boer (2015). Tissue Engineering, 2nd edition, ISBN 978-0-12-420145-3.
- Anthony Atala et al. (2011). Principles of Regenerative Medicine, 2nd edition, ISBN 978-0-12-381422-7
- Jan de Boer and Clemens van Blitterswijk (2013). Materiomics High-throughput Screening of Biomaterial Properties, 1st edition, ISBN 978-1-10-701677-4

During the journal clubs the students will receive a number of publications related to the topic of the week.

The students are also encouraged to search for additional information using other resources (i.e. the internet), the quality of which will be discussed in the tutorial groups.

MBS1401 Period 3

3 Jan 2022

25 Feb 2022

Print course description

ECTS credits:

10.0

Instruction language:

English

Coordinator:

• S.H. van Rijt

Teaching methods:

Assignment(s), Lecture(s), Work in subgroups, Paper(s), PBL, Presentations, Training(s), Working visit(s)

Assessment methods:

Final paper, Participation, Presentation, Written exam

Keywords:

Organ and tissue regeneration Biomaterials Tissue engineering Stem cell therapy Interdisciplinary Regenerative medicine

Fac. Health, Medicine and Life Sciences

# **Pre-clinical Imaging**

## **Full course description**

Imaging is increasingly and widely applied in biomedical studies and clinical practice. Imaging enables visualisation of key (molecular) players of health and disease at the molecular, cellular, tissue, and organ levels. Imaging also gives the unique opportunity to study animal models noninvasively at multiple time points and to obtain functional information (e.g. contraction of the heart and blood flow) in order to provide more insight in health and disease, to assess the effectiveness of treatment and to develop new treatments . This course focuses on pre-clinical imaging, which ranges from ex vivo imaging of a single molecule to in vivo imaging of animal models.

You will be prepared for a future in a multidisciplinary biomedical research environment. We will train the students as a key person, linking physiological questions to novel imaging methods. You will be able to communicate within an interdisciplinary team including clinicians and engineers. You will be able to apply state-of-the art imaging methods to biomedical research questions related to oncology, cardiovascular diseases, neuro sciences or metabolism. You will make sure that novel imaging methods can be directly applied in a preclinical research environment.

The course aims to give insight into the basic principles and the biomedical applications of imaging techniques. Techniques that will be discussed are mass spectrometry imaging (MSI), electron and light microscopy (EM and LM), ultrasonography, Magnetic Resonance Imaging (MRI), Computed Tomography (CT), nuclear imaging (Single Photon Emission Computed Tomography (SPECT) and Positron Emission Tomography (PET)) and hybrid and correlative imaging.

Students will be taught to acquire, analyze and utilize complex images at multiple spatial scales that originate from various imaging modalities. Combined, these preclinical research methods pave the way for new diagnostic approaches required for personalized and systems medicine.

# Course objectives

The focus is really on the biomedical problem and not so much on the underlying physical methodology/technology. The main question is how we can use advanced imaging modalities to understand biomedical problems? Within this couse, students will learn how to apply novel technologies to biomedical sciences to solve a biomedical research question. You will learn the basic principles of the imaging modalities, to be able to make correct choices of imaging methods for specific questions.

This course offers interactive teaching, hands-on experiments through practicals, lab visits, workshops, project and interactions with experts.

In the region and the Netherlands, no other integrative courses on imaging for biomedical scientists exist. This is a unique course encompassing all type of advanced imaging techniques like Mass spectrometry imaging, Nanoscopy, Advanced Microscopy, PET and MRI imaging. All these technologies are used with the biggest emphasis on biomedical applications.

Within this course you will perform a project to learn how to solve a biomedical research question with advanced imaging.

Students have the opportunities to learn from expert researchers from each discipline and interact with professionals from the Maastricht University Medical Center. The unique molecular imaging infrastructure at the MUMC+ will be available for the students, who will have the opportunity to

meet and interact with professionals and experts in preclinical imaging.

## Recommended reading

• Kagadis, G., et al (Eds.). (2016). Handbook of small animal imaging: Preclinical imaging • Liu, X. et al. Anal Chem, 2015. 87(19): p. 9508-19. • Quanico, J., et al., Biochim Biophys Acta, 2017. • Fernandes, A.M., et al., J Am Soc Mass Spectrom, 2016. 27(12): p. 1944-1951. • Fernandes, A.M., et al., J Am Soc Mass Spectrom, 2016. 27(12): p. 1944-1951. • Santagata, S., et al., IProc Natl Acad Sci USA, 2014. 111(30): p. 11121-6. • Anderson, D.M., et al., J Am Soc Mass Spectrom, 2014. 25(8): p. 1394-403. • Pol, J., et al., Eur J Mass Spectrom (Chichester), 2015. 21(3): p. 297-303. • Mascini, N.E., et al., Anal Chem, 2016. 88(6): p. 3107-14. • Mascini, N.E., et al., J Proteome Res, 2015. 14(2): p. 1069-75. • Jiang, H., et al., Chem Commun (Camb), 2017. 53(9): p. 1506-1509. • Ablonczy, Z., et al., Proteomics, 2014. 14(7-8): p. 936-44. • de Boer, P., et al, Nature Methods 12, 503-513 (2015) • http://ammrf.org.au/myscope/ • http://zeiss-campus.magnet.fsu.edu/ • Hartley CJ, et al, Am J Physiol Heart Circ Physiol. 2011 Aug;301(2):H269-78. • Hermans H, et al, J Appl Physiol (1985). 2014 Sep 1;117(5):563-71. • Clark DP, et al, Phys Med. 2014 Sep;30(6):619-34. doi: 10.1016/j.ejmp.2014.05.011. • Zanzonico P. Radiat Res. 2012 Apr;177(4):349-64. • Gammon ST, et al, Am J Physiol Lung Cell Mol Physiol. 2014 May 15;306(10):L897-914. • van Geuns R-J M et al, Progress in Cardiovascular Diseases. 1999; 42 (2): 149-156. • Vanhoutte L et al, Basic Res Cardiol (2016) 111:46 • Shah SN et al, Abdom Imaging (2015) 40:1358-1365

MBS1501
Period 3
3 Jan 2022
25 Feb 2022
Print course description
ECTS credits:
10.0
Instruction language:
English
Coordinator:

• S.H. van Rijt

Teaching methods:

Assignment(s), Lecture(s), Work in subgroups, Paper(s), PBL, Presentations, Skills, Working visit(s), Training(s)

Assessment methods:

Assignment, Observation, Participation, Presentation, Written exam

Keywords:

preclinical imaging, MSI, EM, LM, MRI, US, SPECT, PET, CT

Fac. Health, Medicine and Life Sciences

# **Fundamental Neuromodulation**

## **Full course description**

At the end of this course, students will have a detailed understanding of neuromodulation approaches, and they will be aware of recent trends and developments in the field. Building on this foundation, various state-of-the-art neuromodulation approaches will be explored in detail, with a

particular focus on deep brain stimulation, spinal and sacral neuromodulation, and transcranial magnetic stimulation. This course starts by providing essential knowledge about neuroanatomy and neurophysiology required to understand the basic principles of neuromodulation techniques. To ensure that the entry-level is comparable we give an introductory explanation in week 1 to reactivate the prior knowledge. The students are expected to have general knowledge about the normal functioning of the CNS. MBS1601 will build on the knowledge obtained during the first 8-weeks in the course, Biomedical Challenges. This prevents the current and following courses from being too abstract and allows episodic experiences to connect the discussions and scientific literature. The practicals add depth and practical experience to this overview of methods since students will actively use and see in use these various techniques. It is important to provide and develop this basis, to allow the following courses to build on a broad, but still the relatively superficial treatment of, or meta-perspective on, a young and burgeoning field. These approaches span invasive and noninvasive modulation, from animal to human brains. In the following weeks, we provide an overview of the wide range of available neuromodulation approaches. Each week contains three different forms of teaching, to meet the range of ILOs that span theoretical, applied, and practical knowledge. A practical session in the middle of the week provides concrete knowledge, examples, and helps develop skills.

## **Course objectives**

Intended Learning Outcomes (ILOs)

- ILO1601-1: To understand the basic anatomy of the central nervous system (CNS)
- ILO1601-2: To understand the basic physiology of the central nervous system (CNS)
- ILO1601-3: To understand the basics of micro-neuromodulation techniques (optogenetic and DREADD)
- ILO1601-4: To understand and explain the basic principles of invasive neuromodulation and discuss the application of deep brain stimulation (DBS) and spinal cord stimulation in preclinical settings
- ILO1601-5: To describe the current neuroimaging techniques available for neuromodulation.
- ILO1601-6: To understand the basic mechanisms of action of transcranial magnetic stimulation (TMS) and transcranial electrical stimulation (TES)
- ILO1601-7: To understand how TMS and TES can be applied in the experimental context
- ILO1601-8: To gain practical, hands-on knowledge, and experience with TMS and TES

MBS1601

Period 3

3 Jan 2022

25 Feb 2022

Print course description

ECTS credits:

10.0

Instruction language:

English

Coordinator:

• A. Jahanshahianvar

Teaching methods:

Assignment(s), Lecture(s), Work in subgroups, Paper(s), PBL, Presentations, Skills

Assessment methods:

Assignment, Final paper, Presentation, Written exam

Keywords:

Neuroscience; neuromodulation; neurophysiology; neuroanatomy; deep brain stimulation;

transcranial magnetic stimulation

Fac. Health, Medicine and Life Sciences

# **Clinical and Applied Genetics and Genomics**

# **Full course description**

In conjunction with course 1101 'Advanced Principles of genetics and genomics', course 1102 (Clinical and applied genetics and genomics) makes up the specialization track 'Genetics and Genomics'. This course aims at providing the students with a broad knowledge and expertise in the field of genetics and genomics, and more specifically how these technologies can be applied to scientific research questions, the diagnosis of human diseases in the clinic, and forensics.

This course will elaborate further on genetic fundamentals discussed in the previous courses (1001 and 1101) and includes amongst others currently applied analyses in the clinic as well as some unusual genetic phenomena. Furthermore, state-of-the-art technologies applied in genetic and genomic studies will be discussed including their applications in clinical practice, which, as students will learn, is not as straightforward as seen in certain popular media (eg. CSI, Flikken Maastricht and other TV-series). Moreover, researchers in the fields of genetics and genomics are confronted with numerous ethical issues restraining their studies. The students will be introduced to some of these ethical problems and challenged how to handle these in practice.

models, cellular models and animal models).in silico An interesting additional skill the student will learn is to implement acquired knowledge from the courses (1001, 1101 and 1102) in the study of different model systems in genetic research (

Based on this knowledge as well as the input of expert staff lectures, the students will get the chance to work in groups on a scientific project application. This will make them aware of the complexities involved in the project writing process, but also will prepare them for a future role in the scientific community.

# **Course objectives**

- ILO1102.1 Explain genetic and genomic technology used in precision medicine and diagnostics of genetic disorders.
- ILO1102.2 Know the main genomic mechanisms and involved signalling pathways underlying cancer development, cardiovascular and neurological diseases.
- ILO1102.3 Explain advantages/disadvantages when utilizing genetic testing in research and clinical applications.
- ILO1102.4 Know which tools are available to model genetic disorders, and apply them to modelling genetic disorders for research and clinical applications.
- ILO1102.5 Apply the concepts of molecular genetics to design novel research projects in genetics and precision medicine.

Overall Goal: At the end of this course, each student has gained a high level of knowledge on the use of genetic and genomic techniques in research and clinical diagnostics.

## Recommended reading

Books; EleUM; papers; other resources

MBS1102

Period 4

7 Mar 2022

6 May 2022

Print course description

ECTS credits:

10.0

Instruction language:

English

Coordinator:

• E.J.M. Speel

Teaching methods:

Assignment(s), Lecture(s), Work in subgroups, Paper(s), PBL, Presentations, Skills, Training(s), Working visit(s)

Assessment methods:

Assignment, Attendance, Final paper, Participation, Presentation, Written exam Keywords:

advanced genetics genomics epigenetics clinical diagnostics research applications gene expression data analysis ethical societal issues forensics

Fac. Health, Medicine and Life Sciences

# **Engineering the Immune System; Treatment of Disease**

# Full course description

Building on the knowledge that has been gathered by the student in the MBS1201 course, MBS1202 course will follow roughly the same roadmap through the various fields of research and clinical medicine, in which immunology, inflammation and the pathophysiology of infectious and non-infectious disease are specifically involved in diagnosis and therapy. Attention will be given to experimental medicine approaches and technologies as well as to the more general translational aspects related to the topics that are relevant to fields of sterile and non-sterile (infectious) inflammation, neurodegeneration, atherosclerosis and vascular disease, autoimmunity and tumor development.

The goal of this course is to provide a basic understanding of several important techniques and technologies in the field and create an awareness of experimental and approved methods for treatment of immune-related disease.

# **Course objectives**

The course will not use a single advised textbook on immunology/biochemistry/pathology, instead, recent scientific literature will be used. Given the wide variety of topics and relative fast developments in the field, the use of few textbook sources is not advised, nor is it sufficient. The literature as used in the preceding 1201 block, should be continued where general mechanisms are

concerned. Individual teachers and experts however are being encouraged to deviate from the basic knowledge from 1201, to extend this and present the lastest views and knowledge from the respective fields involved in this block. Moreover, students will themselves produce documents each week in expert groups, that collectively will serve as an additional source for reading, in preparation of the final course test. Good starting points for basic knowledge are: Janeways - Immunology (Garland Science) Peter Parham - The Immune System (Garland Science) Doan et al - Immunology - Lippincott's Illustrated Reviews (Wolters Kluwer/Lippincott Williams & Wilkins)

## Recommended reading

The course will not use a single advised textbook on immunology/biochemistry/pathology, instead, recent scientific literature will be used. Given the wide variety of topics and relative fast developments in the field, the use of few textbook sources is not advised, nor is it sufficient. The literature as used in the preceding 1201 block, should be continued where general mechanisms are concerned. Individual teachers and experts however are being encouraged to deviate from the basic knowledge from 1201, to extend this and present the lastest views and knowledge from the respective fields involved in this block. Good starting points for basic knowledge are: Janeways - Immunology (Garland Science) Peter Parham - The Immune System (Garland Science) Doan et al - Immunology - Lippincott's Illustrated Reviews (Wolters Kluwer/Lippincott Williams & Wilkins)

MBS1202
Period 4
7 Mar 2022
6 May 2022
Print course description
ECTS credits:
10.0
Instruction language:
English
Coordinator:

#### • G.A.F. Nicolaes

Teaching methods:

Assignment(s), Lecture(s), Work in subgroups, Paper(s), PBL, Presentation(s), Skills Assessment methods:

Assignment, Attendance, Final paper, Observation, Participation, Presentation, Written exam Keywords:

Immunology Therapy Immune response Immune Disease Immune Modulation Immune suppression Immune therapy Pharmacotherapy Antibody therapeutics

Fac. Health. Medicine and Life Sciences

# Practical Engineering the Immune System; Treatment of Disease

## **Full course description**

see description of MBS1202

## **Course objectives**

see description of MBS1202, together MBS1202 and MBS1212 form one coherent course

MBS1212

Period 4

7 Mar 2022

6 May 2022

Print course description

ECTS credits:

0.0

Instruction language:

English

Coordinator:

#### · G.A.F. Nicolaes

Teaching methods:

Assignment(s), Lecture(s), Work in subgroups, Paper(s), PBL, Presentations, Skills, Training(s) Assessment methods:

Assignment, Attendance, Final paper, Observation, Presentation, Written exam Fac. Health, Medicine and Life Sciences

# Lifestyle Interventions and Metabolism; a Translational Perspective

# **Full course description**

In this course, the central theme is the role of lifestyle changes in both health and disease. Lifestyle factors modulating human metabolism on a micro(cellular) and macroscale (organ) will be studied via a translational approach. This course will focus primarily on the more conventional strategies to promote health by exploring the underlying mechanisms and how these interventions may prevent various non-communicable diseases, including cardiovascular diseases, cancer, chronic respiratory diseases and diabetes. For this, effects of diet and physical activity on gene expression/cellular pathways, organ function and interorgan crosstalk will be studied in depth. However, the impact of lifestyle interventions may differ between individuals (e.g. responders vs. non-responders) indicating that successful lifestyle interventions may require a more personalized approach. Besides the more conventional strategies, the relevance of weight loss, specific (nutritional) compounds, exercise, sedentary behavior, sleep and stress management in affecting metabolism will be topic of study. Furthermore, core principles of potential interactions between lifestyle factors and drugs will be applied and students will critically evaluate the dietary and physical activity guidelines as defined by the Dutch Health council. The lectures/group meetings and journal club will be planned in the first seven weeks of the course. Throughout the course and in the last week, students will work in small groups on the Academic project. The setup for the academic project intends to promote a largely independent and self-directed form of education that ultimately results in a written report and an oral presentation. The objective of the academic project is that students select a preventable, agerelated disease and study possible short term interventions to treat or prevent the disease in humans. Subsequently, students will need to formulate a focused research question to study (i) the most promising lifestyle intervention and (ii) relevant outcome parameters to assess potential treatment effects.

## **Course objectives**

Course objectives 1. To explain the effects of diet and physical activity: - on cellular pathways involved in health and disease - on (mal)adaptive gene expression involved in health and disease - on (disturbed) organ function involved in health and disease - on (disturbed) interorgan crosstalk involved in health and disease 2. To appreciate the bi-directional routes of how nutritional support can amplify the health and performance benefits of exercise 3. To explain the role of genetics in personalized approaches to prevent disease (responders vs. non-responders) 4. To recall differential effects of different forms of lifestyle interventions on metabolism involved in health and disease 5. To apply the core principles of interactions between lifestyle factors (diet and physical activity) and drugs 6. To argue the dietary and physical activity guidelines as defined by the Dutch health council 7. Critically evaluate recent manuscripts discussing lifestyle interventions in health and disease, also focusing on ethics, integrity and statistics

MBS1302
Period 4
7 Mar 2022
6 May 2022
Print course description
ECTS credits:
10.0
Instruction language:
English
Coordinator:

• C.J.H. van der Kallen

Teaching methods:

Assignment(s), Lecture(s), Work in subgroups, Paper(s), PBL, Presentations, Research, Skills, Training(s), Working visit(s)

Assessment methods:

Assignment, Attendance, Final paper, Participation, Presentation, Written exam Keywords:

Lifestyle intervention Metabolism Translation approach Personalized approach Diet Exercise Fac. Health, Medicine and Life Sciences

# Translating Therapies into Clinic and onto the Market

# Full course description

Using often a combination of advanced microfabrication technologies, biomaterials, and (stem)cells followed by implanting or transplanting these into the patient. We will discuss and work out the latest advances in technology and medicine to replace tissues and organs damaged by disease or traumatic injuries and develop new potential therapies for previously untreatable conditions. Examples of chronic diseases(not exclusive) are type 1 diabetes, cardiovascular diseases, orthopedics, opthalmological diseases, and renal failure which will serve as starting points to work with the help of a research expert and clinicians in a dedicated team on a project proposal. This module is setup around different challenging clinical cases which need to be solved with your team members and by interaction with different experts using Regenerative medicine strategies. During the course you will get in depth knowledge on different aspects of Regenerative Medicine strategies and how to develop your new regenerative medicine research idea into a clinical viable therapy.

There will be weekly interactions during dedicated tutor sessions with your research tutor to work on different aspects of a research proposal. We will have expert lectures on "state of the art" scientific research regarding technology and regenerative medicine on a weekly basis. In addition, there will be special lectures on IP (patent related issues and regulations), Clinical trials and several companies will be invited to discuss what is required to bring an idea to the market and ultimately to patients.in vitro,, or growing tissues and organs in vivoVirtually any disease that results from malfunctioning, damaged, or failing tissues can potentially be cured through regenerative medicine therapies. Regerative medicine involves either regenerating the damaged tissues You are expected to have followed the precedeing module on Regenerative medicine in which the basic knowledge about the field is taught. You are expected to use the knowledge acquired in that module for solving the clinical case in this module The module will be graded on writing a research proposal, presenting your new idea during a minisymposium and professional behavior.

## Course objectives

- Students should know how to present and defend a new project proposal
- Students should know how to design a translational biomedical study, and write a project proposal
- Students should know about the regulatory affairs involved in product development for biomedical applications (animal, human, GLP/GMP)
- Students should know about when and how to protect a new innovation and what is required to create a patent
- Students should be able to develop a new research strategy together with team members, to solve a clinical problem based on state of the art technology, biomaterials, biology and medical practice

MBS1402 Period 4 7 Mar 2022 6 May 2022 Print course description ECTS credits:

10.0

Instruction language:

English

Coordinator:

• M.M.J. Caron

Teaching methods:

Assignment(s), Work in subgroups, Lecture(s), Paper(s), Presentations, Research, Working visit(s) Assessment methods:

Assignment, Participation, Presentation Fac. Health, Medicine and Life Sciences

# **Clinical Imaging**

# **Full course description**

This second course in the "Imaging from molecule to man" specialization will focus on the application of imaging to address physiological and pathological disease processes in man in a

clinical (research) setting. This course focuses on application of imaging in a clinical (research) setting. This means that all imaging modalities discussed during this course can be applied on humans. It is not the intention to go in depth on the physics principles of the imaging techniques, but we will focus on the application of the techniques in daily clinical routine/research. It is important for the student to learn what are advantages and disadvantages of the different imaging modalities, with the aim that students will be able to independently make a (grounded) choice for one or multiple imaging strategies to solve or answer clinical questions or questions arising in a (clinical) research setting.

## **Course objectives**

After this course the student:

- identifies what imaging modalities are (regularly) being used at the moment in the typical clinical (research) setting and which methodology is state-of-the-art (and/or is being developed)
- knows what information is within an image and can extract this information from the image (image processing and analysis).
- imaging modalities in a clinical (research) setting.in vivo and ex vivo- specifies the opportunities and limitations of
- chooses the appropriate imaging modality/modalities (e.g. MRI/MRS, PET, CT, Ultrasound, microscopy) for specific use in a clinical (research) setting.

## Recommended reading

- 1. Radiomics: extracting more information from medical images using advanced feature analysis.Lambin P, Rios-Velazquez E, Leijenaar R, Carvalho S, van Stiphout RG, Granton P, Zegers CM, Gillies R, Boellard R, Dekker A, Aerts HJ.; Eur J Cancer. 2012 Mar;48(4):441-6.
- 2. Next-generation scans: Seeing into the future. Peter Gwynne, Nature 2013; 502, S96-S97.
- 3. In Vivo NMR Spectroscopy, 2nd Edition. De Graaf. Literature will be provided to the students via Eleum.

It is expected that students will find further relevant literature themselves.

MBS1502

Period 4

7 Mar 2022

6 May 2022

Print course description

ECTS credits:

10.0

Instruction language:

English

Coordinator:

• A.M. Blanchet - Smolinska

Teaching methods:

Assignment(s), Lecture(s), Work in subgroups, PBL, Presentations, Research, Skills, Training(s), Working visit(s)

Assessment methods:

Assignment, Attendance, Oral exam, Participation, Presentation Keywords:

Clinical imaging, MRI/MRS, CT, US, Radiomics, pathological imaging

Fac. Health, Medicine and Life Sciences

# **Translational Neuromodulation**

# **Full course description**

Building on the fundamental principles covered during the first course of the specialization in neuromodulation, "Translational Neuromodulation" focuses on currently available treatment approaches and the principles underlying the development of future applications. Throughout lectures, PBL tutorials, practicals, and journal clubs the students will get a comprehensive overview of the current state-of-the-art and will learn about the key principles that drive translational research to discover novel ways of utilize the potential of neuromodulation techniques. It showcases how insights into the pathophysiology of the central nervous system can be translated into clinical applications of neuromodulation in neurology and psychiatry.

# Course objectives

## **Intended Learning Outcomes (ILO) in this course:**

ILO1602-1: To describe and discuss the applications of TMS in psychiatry --> understanding current treatment approaches in psychiatry

ILO1602-2: To describe and discuss the applications of TMS in neurology and neurorehabilitation --> understanding the use of TMS as a diagnostic and prognostic tool and explaining current treatment approaches in neuro-rehabilitation with TMS

 ${\tt ILO1602-3:}\ To\ know\ about\ cutting-edge\ developments\ and\ future\ perspectives\ of\ non-invasive\ euromodulation$ 

--> familiarity with advanced concepts of non-invasive neuromodulation and discussing current limitations of the field and identifying ways forward

ILO1602-4: To learn about the latest advances in applying DBS for treatment of neurological and sychiatric symptoms

--> knowing the clinical indications of DBS and understanding the advantages and limitations of invasive neuromodulation

ILO1602-5: To learn about the latest development in clinical application of sacral and spinal neuromodulation

--> explaining the current theories behind the working mechanism of sacral and spinal stimulation and learning about current clinical research attempts to improve its clinical practice

ILO1602-6: To understand the basic principles of signal processing and machine learning in context of neuromodulation

--> understanding the difference between standard statistics and closed-loop prediction, describing the basics of signal processing of electrophysiological data, and understanding basics of machine learning in neuroscience

## Recommended reading

This course almost exclusively relies on recent scientific articles published in international peerreviewed journals. On rare occasions, a text book may be used to provide basic knowledge required for a topic.

MBS1602

Period 4

7 Mar 2022

6 May 2022

Print course description

ECTS credits:

10.0

Instruction language:

English

Coordinator:

• H.P. Leunissen

Teaching methods:

Lecture(s), Work in subgroups, Paper(s), PBL, Presentations, Skills, Assignment(s)

Assessment methods:

Attendance, Final paper, Presentation, Written exam, Assignment

Fac. Health, Medicine and Life Sciences

# **Designing Scientific Research**

# Full course description

The overall goal of this block is to familiarize you with the design of a scientific research strategy and the writing of a research proposal and present their data to a scientific public. Central to the block is practicing the scientific thinking: knowledge/research question /hypothesis /objectives /experimental set up/results /interpretation /new knowledge

The general idea of the block is to design a study based on ongoing fundamental, applied, preclinical or clinical research and to learn how to stress the relevance of the study in a convincing manner. The training in block MBS1005 serves as preparation for the block BMS2104 and BMS2004: the practical training period (Master Internship) which will last the complete 2nd year of the master (BMS2104) and will be concluded with the master thesis (BMS2004).

A tutor will be running/coaching a student tutor group. You will work in small teams on developing your own scientific proposal and learn how to present and defend it in the most convincing way. You will provide and receive feedback from the whole group, followed by comments and feedback from the tutors. All the assignments and writing tasks are closely linked, to each other. Your creativity will further be stimulated during the "Design Sprint" workshops (part of 'MBS1006 Managing a Biomedical Innovation').

On regular time points you will have a task to write part of your research proposal. This means that throughout the course you can revise and improve what you have written and gradually extend the text to the full proposal. The work is designed to dovetail neatly with the proposal requirements for the whole course. To boost your scientific skills and creativity, you will also receive workshops

on scientific and business thinking and communication skills. You will participate in a network career event in which you will meet BMS alumni which hold various jobs.

## **Course objectives**

- 1. Formulate a novel project based on ongoing research.
- 2. Interact at a scientific level with peers and coaches.
- 3. Suggest research strategies to address specific scientific questions.
- 4. Define feasible deliverables to provide structured research strategies.
- 5. Critically review other research proposals.
- 6. Present and defend a research proposal.
- 7. Help you eliminate characteristic language errors from your scientific writing.
- 8. Help you improve the style of your written scientific work.
- 9. Give you practice in presenting your research proposal.
- 10. Evaluate the business and valorization value of your proposal.

MBS1005

Period 5

9 May 2022

1 Jul 2022

Print course description

ECTS credits:

10.0

Instruction language:

English

Coordinator:

## • A. Romano

Teaching methods:

Assignment(s), Work in subgroups, Lecture(s), Paper(s), Presentations

Assessment methods:

Final paper, Participation, Presentation

Keywords:

scientific method, Research proposal

Fac. Health, Medicine and Life Sciences

# **Ethics in Biomedical Science**

# **Full course description**

The course 'Historical developments and ethics in biomedical science' invites students to reflect on the emergence of normative frameworks associated with science as they progress through their biomedical curriculum. As part of the course, they will prepare a discussion of the research ethics connected to research they propose and plan themselves. While engaged in research activities, they will discussion and study conventions, standards and guidelines of research integrity. At the end of the year, students will have an active understanding of the frameworks of research ethics and research integrity and how they came into being. Grades are awarded to two written assignments students complete throughout the year, each contributing 50% to a P/F grade.

## Course objectives

- 1. You have knowledge and understanding of research ethics principles, as well as of practices of evaluating and assessing research ethics;
- 2. You can discuss and reflect of the research ethics of research you design and/or propose;
- 3. You have knowledge and understanding of research integrity in its conventions, guidelines, and origins;
- 4. You can critically reflect on research integrity practices and cultures;
- 5. You are able to synthesize knowledge on research ethics and integrity and reflection on positions associated with them into a coherent discussion of actual research practices.
- 6. You can actively and constructively participate in exchanges on the normative frameworks in biomedical science.

MBS1004

Year

1 Sep 2021

31 Aug 2022

Print course description

ECTS credits:

1.0

Instruction language:

English

Coordinator:

• B. Penders

Teaching methods:

Assignment(s), Lecture(s), Work in subgroups, Paper(s)

Assessment methods:

Assignment

Keywords:

Research Ethics Research Integrity Normative Frameworks Contributory expertise

Fac. Health, Medicine and Life Sciences

# Managing a Biomedical Innovation I

# Full course description

"Managing a Biomedical Innovation I" introduces students to aspects which are relevant for the translation of research findings to the clinic and onto the market. These aspects pertain to various stages of the product development life cycle: clearly formulating the unmet need and the product's value proposition is an essential first step to make sure the developed product serves a need from the market. When proof-of-concept has been demonstrated and preclinical evidence has been gathered, intellectual property protection is a crucial prerequisite for further investment of capital and resources. Quality assurance and regulatory affairs must also be considered during the preclinical studies to facilitate future clinical trials. National reimbursement policies must also be considered early on in the product development life cycle to ensure that the product is economically viable. Creativity and formulating a value proposition are the central themes during a one-week Design Sprint, where students design a Biomedical Innovation from scratch. All of these aspects are covered during various workshops that are offered throughout the academic year. This course is thus intertwined with the general MBS courses "Biomedical Challenges," "Biomedical Approaches,"

and "Designing Scientific Research."

# **Course objectives**

- ILO1 Identify user needs for the clinical problem
- ILO2 Determine the market potential of a biomedical innovation
- ILO3 Assess the IP landscape
- ILO4 Apply relevant Regulations and Quality Assurance guidelines
- ILO5 Identify and involve all stakeholders during the innovation development process

MBS1006

Year

1 Sep 2021

31 Aug 2022

Print course description

ECTS credits:

5.0

Instruction language:

English

Coordinator:

• A.K. Roth

Teaching methods:

Assignment(s), Work in subgroups, Lecture(s), Paper(s), Presentations

Assessment methods:

Assignment, Presentation

Keywords:

Biomedical Innovation, Value Proposition, Valorization, Intellectual Property, Regulatory Affairs Fac. Health, Medicine and Life Sciences

# Career Skills (Portfolio) I

MBS1007

Year

1 Sep 2021

31 Aug 2022

Print course description

ECTS credits:

3.0

Instruction language:

English

Coordinators:

- J. Theys
- H. Roebertsen

Second year courses

# **Biomedical Sciences Year 2**

Fac. Health, Medicine and Life Sciences

# **Internship**

## **Full course description**

MBS2104 (Internship) and MBS2004 (Thesis) are intertwined. During the1-year internship (MBS2104) spanning the entire second year of the master, students participate in ongoing scientific research at UM, at other knowledge centres in the Netherlands, or in other countries and will conclude the internship with the master Thesis (MBS2004). The internship project details will be worked out and a preparatory research proposal will be written during course MBS1005 at end of the first year of the master. As a practical, hands-on experience, it offers students a unique opportunity to gain experience in independently carrying out a research project, which they personally designed. The length of the training period ensures the acquisition of valuable, in-depth experience, necessary for students' development into independent researchers. Students work individually and take part in ongoing research projects, supervised by a senior researcher. In this framework, they also participate in the regular meetings of the relevant research team. The internship period concludes with a final presentation to the other students as well as tutors and other experts. The final internship research report is prepared in the form of an extensive scientific paper, which constitutes the master's thesis.

## **Course objectives**

- Ability to carry out a research project independently in a research environment
- Experience in adhering to a research plan (in terms of content and time management)
- Experience in problem solving during research
- Ability to revise or set up follow-up research (adjusted to the results obtained)
- Ability to process, interpret and report results
- Active participation in regular discussions in the research environment
- Ability to present and discuss interim and final results to and with colleagues and supervisor

MBS2104

Year

1 Sep 2021

31 Aug 2022

Print course description

ECTS credits:

0 0

Instruction language:

English

Coordinator:

• H.R. Gosker

Teaching methods:

Work in subgroups, Paper(s), Patient contact, Presentations, Research, Skills, Training(s) Assessment methods:

Assignment, Attendance, Observation, Participation, Presentation

Keywords:

Research, Internship, placement, biomedical

Fac. Health, Medicine and Life Sciences

## **Thesis**

## **Full course description**

MBS2104 (Internship) and MBS2004 (Thesis) are intertwined. During the1-year internship (MBS2104) spanning the entire second year of the master, students participate in ongoing scientific research at UM, at other knowledge centres in the Netherlands, or in other countries and will conclude the internship with the master Thesis (MBS2004). The internship project details will be worked out and a preparatory research proposal will be written during course MBS1005 at end of the first year of the master. As a practical, hands-on experience, it offers students a unique opportunity to gain experience in independently carrying out a research project, which they personally designed. The length of the training period ensures the acquisition of valuable, in-depth experience, necessary for students' development into independent researchers. Students work individually and take part in ongoing research projects, supervised by a senior researcher. In this framework, they also participate in the regular meetings of the relevant research team. The internship period concludes with a final presentation to the other students as well as tutors and other experts. The final internship research report is prepared in the form of an extensive scientific paper, which constitutes the master's thesis.

## **Course objectives**

- Ability to carry out a research project independently in a research environment
- Experience in adhering to a research plan (in terms of content and time management)
- Experience in problem solving during research
- Ability to revise or set up follow-up research (adjusted to the results obtained)
- Ability to process, interpret and report results
- Active participation in regular discussions in the research environment
- Ability to present and discuss interim and final results to and with colleagues and supervisor

MBS2004

Year

1 Sep 2021

31 Aug 2022

Print course description

ECTS credits:

50.0

Instruction language:

English

Coordinator:

• H.R. Gosker

Teaching methods:

Paper(s), Research

Assessment methods:

Final paper

Keywords:

Thesis, research, biomedical

Fac. Health, Medicine and Life Sciences

# **Ethics in Biomedical Sciences**

MBS2001

Year

1 Sep 2021

31 Aug 2022

Print course description

ECTS credits:

1.0

Coordinator:

• B. Penders

Fac. Health, Medicine and Life Sciences

# Managing a Biomedical Innovation II

## **Full course description**

In MBS 2002 "Managing a Biomedical Innovation II," students will apply the lessons learned in "Managing a Biomedical Innovation I" to the topic of their "Senior Practical Training." As part of their Master's thesis, students write an "Impact" or "Valorization" Chapter in which the societal impact and valorization/commercialization of their research is discussed. The framework for this Chapter is laid down in MBS2002 by offering students tools to highlight the unique selling points of their research and articulate the the potential societal impact of their biomedical innovation.

# **Course objectives**

ILO1 - Articulate the potential societal impact of a biomedical innovation

MBS2002

Year

1 Sep 2021

31 Aug 2022

Print course description

ECTS credits:

5.0

Instruction language:

English

Coordinator:

• A.K. Roth

Teaching methods:

Assignment(s), Work in subgroups

Assessment methods:

Assignment

Keywords:

Biomedical Innovation, Valorization, Societal Impact

Fac. Health, Medicine and Life Sciences

# Career skills (Portfolio) II

MBS2003

Year

1 Sep 2021

31 Aug 2022

Print course description

ECTS credits:

4.0

Instruction language:

English

Fac. Health, Medicine and Life Sciences

## **Poster Presentation**

## **Full course description**

During the internship (spanning the entire second year of the master, MBS2004), students participate in ongoing scientific research at UM, at other knowledge centres in the Netherlands, or in other countries . The internship project details will be worked out and a preparatory research proposal will be written during course MBS1005 at end of the first year of the master. As a practical, hands-on experience, it offers students a unique opportunity to gain experience in independently carrying out a research project, which they personally designed. The length of the training period ensures the acquisition of valuable, in-depth experience, necessary for students' development into independent researchers.

Students work individually and take part in ongoing research projects, supervised by a tutor or researcher. The internship period concludes with a final presentation (poster, MBS2204) to the other students as well as tutors and other experts. This presentation/defence will take place during the MOSA conference.

The posters are assessed by at least five independent researchers, and their averaged scores will be listed as a separate mark in addition to the thesis score. A pass on the poster is required for a pass on the internship.

# **Course objectives**

- Process, interpret and report results
- Participate in discussions in the research environment
- Present, discuss and defend final results to and with colleagues and supervisors
- Prepare a poster with internship results/research outcomes

MBS2204

Year

1 Sep 2021

31 Aug 2022

Print course description

ECTS credits:

0.0

Instruction language:

English

Coordinator:

• J. Theys

Teaching methods:

Assignment(s), Presentations

Assessment methods:

Assignment, Oral exam, Presentation

Fac. Health, Medicine and Life Sciences

# **Designing Scientific Research**

## **Full course description**

## **Course summary**

Eight-week course focusing on the various aspects of writing an academic research proposal.

#### Content

This theoretical course aims at familiarising students with setting up fundamental or applied research and writing an academic research proposal. The central theme of the second year of the master's programme is the practical application of the scientific process: hypothesis/problem definition/experiment/result/interpretation/conclusions. The general point of departure is the setup of a follow-up study which relates to ongoing research at UM, or elsewhere (Internship abroad). This provides students with preparation for the senior practical training (course BMS2002), which concludes the master's programme.

### **Skills training**

The course pays explicit attention to English academic writing (by way of practical exercises), presentation skills and valorisation potential of research ideas.

# Course objectives

- Understanding of the scientific processo Ability to formulate a hypothesis to be tested and set up an executable research project using the concept of the scientific process
- · Ability to draw up various research strategies to approach certain research questions
- Ability to formulate expected end results (preparation for course 2.2)
- Ability to defend a research proposal, and in doing so enter into academic discussions with colleagues and supervisors
- Ability to comment critically on other research proposals

# **Recommended reading**

Science Research Writing: A Guide for Non-Native Speakers of English by Hilary Glasman-Deal Grant Writing For Dummies by Beverly A. Browning

BMS2001

Print course description

ECTS credits:

12.0

Instruction language:

English

Coordinators:

- R. Shiri Sverdlov
- J. Theys

Teaching methods:

Presentation(s), Training(s), Assignment(s), Work in subgroups, Lecture(s), Research, Paper(s)

Assessment methods:

Final paper, Presentation

Keywords:

designing research proposal, scientific english, epidemiology

Fac. Health, Medicine and Life Sciences

# **Historical Development and Ethics in Biomedical Sciences**

## **Full course description**

In the first year of your MSc curriculum, you have read, studied and written about issues of research ethics and research integrity. Each of those reflections in the first year, were reflections on simulated science: research that did not actually take place but rather research that you imagined or envisioned. In the second year of your Master's education we will shift the object of reflection from simulated science to actual research practices. In the context of this course you will collect data on normative issues in scientific practices as part of your thesis work. You will reflect upon these issues in the form of a thesis reflection.

# **Course objectives**

- 1. You have knowledge and understanding of research ethics principles, as well as of practices of evaluating and assessing research ethics;
- 2. You can discuss and reflect of the research ethics of research you observe and participate in;
- 3. You have knowledge and understanding of research integrity in its conventions, guidelines, and origins;
- 4. You can critically reflect on research integrity practices and cultures;
- 5. You are able to synthesize knowledge on research ethics and integrity and reflection on positions associated with them into a coherent discussion of actual research practices.
- 6. You can actively and constructively participate in exchanges on the normative frameworks in biomedical science.

BMS2003

Print course description

ECTS credits:

1.0

Instruction language:

English

Coordinator:

• B. Penders

Teaching methods: Assignment(s), Lecture(s), Paper(s) Assessment methods: Assignment, Final paper