First year courses

# International Joint Master of Research in Work and Organizational Psychology Year 1

Faculty of Psychology and Neuroscience

#### Introduction

#### **Full course description**

This course provides an overview of research in work and organizational psychology and the respective contributions of the partnering university departments to the master. Students will engage in team building exercises, and they will be acquainted with their peers, teachers, senior level students, and alumni. First contacts with a mentor will be established, and students will be presented with opportunities to discover how the research competences they develop contribute to their employability in The Netherlands, Germany and Spain. In addition, students will be prepared for studying in a PBL environment, and they will receive information that allows them to successfully plan their study while in Maastricht, Lueneburg and Valencia.

## **Course objectives**

Students are able to:

- understand how partner universities engage in research in Work and Organizational Psychology in a Dutch, German and Spanish context;
- work together in a culturally diverse team;
- understand how the master courses interrelate and contribute to employability
- plan their two year master programme.

PSY4960

Period 1

2 Sep 2019

25 Oct 2019

Print course description

ECTS credits:

2.0

Instruction language:

English

Teaching methods:

Lecture(s), PBL

Assessment methods:

Attendance, Final paper

Keywords:

Work and Organizational Psychology, research, team building, reflection, planning Faculty of Psychology and Neuroscience

# **Work Psychology**

#### **Full course description**

This course focuses on people at work in organisations. It will provide answers to questions as 'Why do people work?', 'How do people work?' or 'How does work affect worker health and well-being?'. These questions will be addressed by discussing theories of work behaviour, job satisfaction, commitment, work and health, or work-life balance. Using this knowledge it will be discussed how jobs can (or should) be changed, to optimise individual performance and the well-being of the job incumbent. At the end of this course students should be able to provide answers to questions as: What are the consequences of unemployment? Does job satisfaction increase performance or does performance cause more job satisfaction? How can health and well-being be fostered in organizations?

#### **Course objectives**

Students are able to:

- explain and compare different theories on the meaning of work, job stress, job design, job attitudes, emotional labor, and work-life balance;
- apply this theoretical knowledge to understand and suggest solutions to work-related problems;
- understand and critically evaluate research methodologies used in research studies;
- propose optimal research designs to study research questions;
- present scientific articles to peers.

PSY4961
Period 1
2 Sep 2019
25 Oct 2019
Print course description
ECTS credits:
5.0
Instruction language:
English
Coordinator:

• <u>U.R. Hülsheger</u>

Teaching methods:
Lecture(s), PBL
Assessment methods:
Attendance, Written exam
Keywords:
Work behaviour, job design, job satisfaction, emotional labour
Faculty of Psychology and Neuroscience

# **Practical Training: Occupational Health Audit**

#### **Full course description**

In this practical training, students will apply theories of occupational health psychology. Focusing on a specific occupation (e.g. wait staff, nursing staff), students will analyse general work characteristics and work demands and identify threats to health and well-being in that occupation. Furthermore, they will delineate interventions that may address these health threats. Results are described in a group report.

#### **Course objectives**

Students are able to:

- search for and acquire information on threats to occupational health and well-being of specific occupational groups;
- integrate this information and link it to theories of occupational health and well-being;
- propose and describe occupational health interventions to address these threats;
- work in a group and develop an informative, well-structured and concise report.

PSY4981
Period 1
2 Sep 2019
25 Oct 2019
Print course description
ECTS credits:
0.0
Instruction language:
English
Coordinator:

• U.R. Hülsheger

Teaching methods:
Lecture(s), Training(s)
Assessment methods:
Attendance, Final paper
Keywords:
Job demands; work stress; workplace health interventions
Faculty of Psychology and Neuroscience

#### **Human Resources**

## **Full course description**

People are the core of organisations. They set the goals, plan, design, organise and carry out the work and run the business. To be successful, organisations need to find, develop, and retain the best possible employees. In this course, students will reflect upon psychological research and theories that may contribute to human resource management (HRM) practices in organisations. The practices discussed in this course are job analysis, recruitment, personnel selection and assessment, training, performance appraisal and performance management, continuous professional development, career development, talent management, compensation, employee relations and employee retention. The use of a strategic approach to human resource management means that the

practices listed above need to be coordinated to achieve organisational goals, since they form sequential, but interdependent steps in employing personnel in an organisation. The organisational goals therefore need to be translated into criteria for employee behaviour, attitudes, and performance. Subsequently, instruments need to be selected or developed to measure whether the criteria are met. Students will discuss how these criteria can be set and tested and how the usefulness of HRM practices can be evaluated to improve organisational performance.

The course aims to connect research, theory and practice. Therefore, students must apply their knowledge to specific problems and complete assignments whilst using and discussing real-life examples of HRM practices. In addition, students gain insight into the field of Work and Organizational Psychology and HRM by interviewing professionals in the field in their practical training and by sessions organised by an HRM consultancy. In these sessions, they gain hands-on experience with assessment instruments and techniques used in selection processes and personnel development.

## **Course objectives**

- critically think about strategic human resource management and how the practices interact in a system view to achieve organisational goals;
- understand psychological research and theories related to the human resource management
  practices of job analysis, recruitment, personnel selection and assessment, training,
  performance appraisal and performance management, continuous professional development,
  career development, compensation, employee relations, talent management and employee
  retention in order to know how to design and evaluate these practices;
- apply psychological research and theories to these human resource management practices in line with an evidence-based approach to decision making;
- provide 360-degree feedback and self-assess tutorial group functioning on the basis of predefined criteria and reflect upon and discuss the outcomes to be able to improve in the next period.

PSY4962
Period 1
2 Sep 2019
25 Oct 2019
Print course description
ECTS credits:
5.0
Instruction language:
English
Coordinator:

• M.W.J. van de Wiel

Teaching methods:

Assignment(s), Lecture(s), PBL, Presentations, Work in subgroups

Assessment methods:

Assignment, Attendance, Final paper, Written exam

Keywords:

Human resource management practices, Job analysis, selection and recruitment, Training, performance appraisal and management, professional and career development, compensation, employee relations, Talent Management, employee retention, strategic human resource management, evidence-based practice

# Practical Training: What is it like to be a Work and Organizational Psychologist?

#### **Full course description**

Students familiarise themselves with the profession of a work and organizational psychologist by studying literature and documents on the competences required in Work and Organizational Psychology and by interviewing a subject matter expert (SME) about his or her job. Based on these documents and the job analysis literature, students prepare the interview, analyse the data and report their findings in a job description and job/person specification. Students also reflect on their own interviewing skills. The whole process is described in a report. Students briefly present their findings in an interactive session, and share with each other information on a variety of jobs that they may aspire to in the field of Work and Organizational Psychology.

#### **Course objectives**

- Students are able to conduct a job-analysis using a semi-structured interview. Based on the interview, they are able to make a job description and person specification.
- Furthermore, students are able to gain knowledge about the job of work and organizational psychologists.
- Knowledge of and practical experience with Job analysis, job description, person specification, interviewing, the work of W&O psychologists.

PSY4982
Period 1
2 Sep 2019
25 Oct 2019
Print course description
ECTS credits:
0.0
Instruction language:
English

• A.L.T. Walkowiak

Coordinator:

Teaching methods: Paper(s), Presentation(s), Skills Assessment methods: Attendance, Final paper Keywords:

Job analysis, interviewing, job description, person specification, Work and Organizational Psychology Faculty of Psychology and Neuroscience

# **Organisation and Cognition**

#### **Full course description**

To what extent can cognitive constructs and theories help us understand organisational behaviour? This course will focus on the interface of cognitive and organisational psychology and on two major perspectives which organisations and their members appear to take. By using an interpretive perspective, organisations and their members try to understand how organisational realities are constructed. This perspective allows us to make sense of events and, eventually, to set new Intended Learning Outcomes or adapt existing Intended Learning Outcomes. A second perspective focuses on how people and organisations select actions that lead to current (organisational) Intended Learning Outcomes. This perspective is exemplified by behavioural decision research.

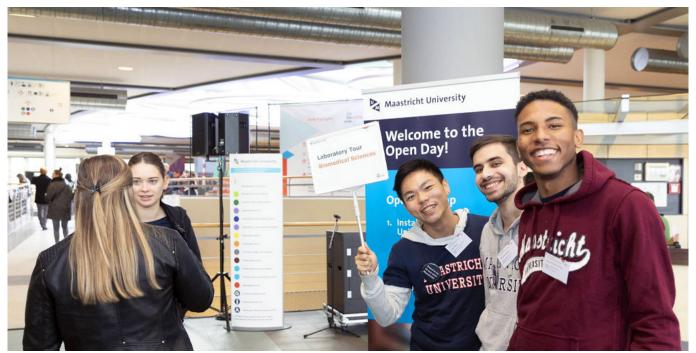
Issues that will be addressed include: entrepreneurial cognition leadership, and strategic decision making; power, leadership and organisational justice; team cognition and team performance; creativity, innovation and knowledge management; trust, conflict and negotiation; and change management, organisational culture and cross cultural differences. Selected problems will provide student with insight into the field of aviation (e.g. low-fare market strategies, cockpit crew resource management, union disputes, cultural differences and airline alliances).

#### **Course objectives**

Students are able to

- summarize and explain current research findings on entrepreneurship, strategic management, leadership, creativity and innovation, change management, negotiation and conflict management, organizational justice, intercultural differences, and humanitarian work psychology;
- compare and contrast studies in organizational psychology;
- apply insights from teamwork literature while collaborating online with students abroad;
- contribute to group assignments that require generating a research or intervention proposal and producing educational materials on a humanitarian issue, thus promoting global citizenship;
- present scientific articles to peers.

PSY4963 Image:



Title:

Leer op afstand onze opleidingen kennen!

Link:

Virtual Open Day

Print course description

ECTS credits:

5.0

Instruction language:

English

Teaching methods:

Assignment(s), Lecture(s), PBL, Presentation(s), Skills, Training(s)

Assessment methods:

Attendance, Presentation, Written exam

Keywords:

strategy, leadership, Innovation, team cognition, negotiation, change management Faculty of Psychology and Neuroscience

# **Practical Training: Conflict Management**

## Full course description

In this training students will become familiarised with various issues in conflict management and negotiation. The practical training consists of exercises that confront students with organisational conflicts and provide experience with methods for resolving them. Through several role-playing exercises students will be given opportunities to: examine ways of managing task-related conflict; to heighten awareness of personal responses when other people's motives are in question; to experience how personal attitudes can obstruct the negotiation process and uncover deeper issues beneath surface facts; and to recognise and avoid unproductive communicative behaviour.

## **Course objectives**

Students can:

- reflect on basic negotiation techniques;
- recognize and apply these basic techniques in (mock) negotiations.

PSY4983

Period 2

28 Oct 2019

20 Dec 2019

Print course description

ECTS credits:

0.0

Instruction language:

English

Coordinator:

• H.T.H. Fonteijn

Teaching methods:

Assignment(s), Presentation(s), Work in subgroups

Assessment methods:

Attendance

Keywords:

conflict management, negotiation, role playing

Faculty of Psychology and Neuroscience

## **Human Performance**

PSY4964

Period 2

28 Oct 2019

20 Dec 2019

Print course description

ECTS credits:

5.0

Instruction language:

English

Coordinator:

• T. Otto

Faculty of Psychology and Neuroscience

# **Practical Training: Data Analyses**

## **Full course description**

Students will study existing datasets and will characterise the presented variables in terms of measurement scales. They will also formulate hypotheses regarding possible relationships between variables and will suggest appropriate tests. Students will report these ideas in concise, clear and comprehensive English.

This practical training prepares students for an advanced training course in the third period which is intended as part of the internship preparation. During this course, students train to analyse the

International Joint Master of Research in Work and Organizational Psychology same datasets are via appropriate statistical tests.

#### **Course objectives**

Students are able to:

- describe the content of variables;
- describe and apply measurement scales;
- describe relationships between variables;
- formulate hypotheses on the basis of these relationships;
- suggest fitting statistical tests.

PSY4984
Period 2
28 Oct 2019
20 Dec 2019
Print course description
ECTS credits:
0.0
Instruction language:
English
Coordinator:

• R.R.A. van Doorn

Teaching methods:
Assignment(s), Lecture(s), Paper(s)
Assessment methods:
Attendance, Final paper
Keywords:
Methodology and statistical knowledge, hypothesis formulation
Faculty of Psychology and Neuroscience

# **Statistics and Research Methodology**

#### **Full course description**

Students will learn the basic methodological and statistical skills to conduct empirical research. Furthermore, they will start thinking about a research question and a research design they want to employ for their research proposal.

Students will recapitulate and build on their knowledge of conducting experiments (discussing different designs, validity threats etc.), conducting survey research (including cross-sectional, longitudinal, multi-rater; discussing advantages and disadvantages), as well as combining field studies and experiments (combining different research designs), diary studies and experience sampling methods.

They will learn how to design questionnaires, codebooks, scale documentations, and how to administer surveys keeping track of response rate. They also learn how to get started with statistical analysis software (SPSS, R), once data has been collected (data entry, recoding, computing scales, reliabilities, descriptive statistics, restructuring data for multilevel analyses). This course will also

International Joint Master of Research in Work and Organizational Psychology review basic regression analysis, ANOVA, MANOVA, factor analysis), and moderation/mediation.

#### **Course objectives**

Students are able to:

- understand and critically analyse methodological design of experimental and survey research in Work and Organizational Psychology;
- design questionnaires / measurement scales with documentation;
- create documentation;
- prepare data for statistical analysis and apply basic statistical techniques.

PSY4965
Period 3
6 Jan 2020
20 Feb 2020
Print course description
ECTS credits:
8.0
Instruction language:
English
Coordinator:

• A. Nübold

Teaching methods:
Assignment(s), Lecture(s), PBL
Assessment methods:
Written exam
Keywords:
Methodology, statistics, experimental design, survey research
Faculty of Psychology and Neuroscience

# Critical Reading in Work and Organisational Psychology

## **Full course description**

This seminar is a rigorous reading seminar. It will provide the students with the scientific underpinnings of the areas of Human Resource Management and Organizational Behavior. It focuses on creating and improving the understanding of how science is developing in these areas and substantial contributions are made. By reading research articles (e.g., foundational articles, intervention studies, theory based studies, newest studies in this area) students will learn how to discuss and analyze the scientific contributions, what could have done better (theoretical and methodological perspective). During the course students will elaborate and develop an own study design in a research proposal. Each student proposal will be reviewed by other students.

## **Course objectives**

• Students will learn how to evaluate a scientific research report and how to potentially improve these studies. Students will gain knowledge in study designs and substantial contributions to

- the OB and HR literature. Students will be taught how to create own study designs, write research proposals, and write reviews.
- Students will improve their social competencies by critically reviewing other students' research proposals without being offensive. Students will learn social competencies in face-to-face interactions and in written correspondence. Students will also be provided with self- and time-management skills in order to handle significant workload.

PSY4971 Semester 2 6 Apr 2020

15 Aug 2020

Print course description

ECTS credits:

10.0

Instruction language:

English

Teaching methods:

Presentations, Assignment(s)

Assessment methods:

Presentation

Faculty of Psychology and Neuroscience

# **International Human Resource Management**

## Full course description

This course explores the importance of international business management in the context of international human resource management, including topics on culture, compensation and benefits, international organizations and their structures, international assignment management and the legal and regulatory considerations that global organizations face. This course will help students identify differences in operating a domestic versus and international business and how business practices will need to be adapted to operate successfully in foreign markets.

The following topics will be presented (starting literature):

- Globalization of HR Management (Briscoe, ch. 1)
- Creating the international organization: Strategy and structure (Briscoe, ch. 2)
- International HRM and culture (Briscoe, ch. 3)
- Sourcing HR for global markets Staffing, recruitment, and selection (Dowling, ch. 5)
- International training and development and careers (Dowling, ch. 7)
- International industrial relations (Dowling, ch. 9)
- Global compensation, benefits, and taxes (Briscoe, ch. 7)
- International employee performance management (Briscoe, ch. 8)

## **Course objectives**

Students will gain knowledge by actively participating in the presentation of the different topics. Students will be provided with empirical results from the most recent relevant scientific literature as well as textbooks on International HRM (e.g., Briscoe et al., Dowling et al.). Additionally, students will be responsible for running interactive sessions with their fellow students about selected topics

under guidance of the professor. Students will benefit from academic and training feedback from the professor as well as from their fellow students. Students learn how to identify the most recent peer-reviewed literature using databases, e.g., Web of Knowledge, PsychInfo etc.

The objective of this course is to help students gain insight into and appreciation for the complexities and differences of operating a business in an international context as it applies to HRM. Upon completion of this course, the students will gain an understanding of the:

- 1. Various facets of the IHRM function, including:
  - Global workforce planning
  - International assignee selection and management
  - Performance management
  - Compensation and benefits
  - Training, teams and management development
- 2. Legal and regulatory environment and implications of operating in an international organization:
  - International laws and regulations,
  - Extra-territorial US laws
  - Important foreign laws, including specific EU requirements
  - Regulatory bodies
  - International ethics
- 3. The intricacies of global organizations:
  - International orientation and strategies along with modes of entry
  - Organizational design and structure
  - Cultural implications and differences
  - Global HR structure and support

In interactive course sessions, Students will improve their social competencies by critically discussing and presenting latest cutting edge research. Students will learn social competencies in face-to-face interactions and presentations.

PSY4972

Semester 2

6 Apr 2020

15 Aug 2020

Print course description

ECTS credits:

5.0

Instruction language:

English

Teaching methods:

Presentation(s), Assignment(s)

Assessment methods:

Presentation

Faculty of Psychology and Neuroscience

# **Negotiation in International and Intercultural Contexts**

#### **Full course description**

Recent research on negotiations and the implications for conflict resolution on the international and intercultural level are discussed. In addition to basic principles of psychological processes in the context of negotiations (e.g., preparation of negotiations, entering negotiations, negotiations strategies and tactics, cognitive, motivational and affective processes in the negotiation process, negotiation outcomes and post-negotiation perceptions) the course will deal with the specific characteristics of international and intercultural negotiations. Introducing the basics of negotiation research, the course will deal with psychological processes on the intra- and interindividual level. In addition, the impact of contextual factors will be discussed. In addition, students will reflect on current directions in negotiation research with a focus on empirical studies. Moreover, empirical studies on negotiations will be linked to current reports on international and intercultural negotiations in the media. Students will be introduced to the mindset theory of negotiation research and will reflect on this theoretical approach based on practical exercises (i.e., negotiation simulations). Finally, students will gain insight into the specific characteristics of negotiations between parties from different cultural backgrounds. In this way, students' awareness is raised for intercultural issues in a globalized world. In sum, the course will deal with psychological processes in negotiations, will reflect on specific characteristics of negotiations on the international and intercultural level, will provide negotiation exercises, and will discuss recent directions of negotiation research particularly with a focus on international and intercultural negotiation studies.

#### **Course objectives**

Students will gain a general overview on negotiation research. Based on this knowledge students learn to discuss empirical studies being recently published in the field of negotiation research. Through their participation in negotiations exercises students will experience psychological processes in the ongoing negotiation process. Students will reflect on their experiences and the corresponding psychological processes based on a comprehensive literature review. Moreover, students will learn to link negotiation theory to real world negotiations based on current media reports. Students will be introduced to the specific characteristics of negotiations on the international and intercultural level.

Moreover, students will be provided with substantial knowledge and experiences in socially interdependent and complex situations, such as negotiations on the international and intercultural level. Furthermore, students will improve their social, communication and leadership skills through their participation in complex negotiation exercises.

PSY4973
Semester 2
6 Apr 2020
15 Aug 2020
Print course description
ECTS credits:
5.0
Instruction language:
English
Teaching methods:
Assignment(s), Lecture(s), Presentation(s), Research

Assessment methods: Presentation, Written exam Faculty of Psychology and Neuroscience

# **Research and Design**

#### **Full course description**

The course provides an introduction to advanced statistical methods in psychological and management research. The course covers qualitative and quantitative methods. With regard to qualitative methods, the course provides an introduction to interview techniques, coding and rating of qualitative interview data, and the transformation of qualitative data into quantitative data. With regard to quantitative methods, the course covers mediation and moderation, moderated mediation and mediated moderation, and multi-level analyses. Furthermore, the course provides an introduction to methods of recruiting study participations (e.g., online surveys).

Specifically, the module seeks to provide students with skills in developing a good research design. Based on various papers discussing or presenting sophisticated and new research designs or methodological approaches, the students will learn to understand and how to use the following methods:

- Basic regression analyses and ANOVA
- Moderated mediation / mediated moderation
- Multi-level analyses (HLM)
- SEM
- Growth modelling including dynamic mediated growth models and discontinuous growth models
- Combining field studies and experiments
- Diary studies and experience sampling methods

## **Course objectives**

Generally, students will improve and gain substantial knowledge in psychological and management research methods. Students will be provided with knowledge on the latest advances and foundations in quantitative and qualitative psychological methodology. Students will learn how to present methodological approaches, research designs, and findings in class. They will thus learn to develop, apply, and report the findings of a particular design/method. The main focus of the module is on a general understanding and the application of the methodological approaches.

The students will form groups and deal with one methodological approach/design in detail. They will conduct a mini-project to understand how to apply the design in practice. Thus, students will learn social competencies in small group interactions and improve their teamwork- and presentation skills. Students will also be provided with self- and time-management skills in order to handle significant workload.

# **Prerequisites**

Basic knowledge in descriptive and inferential statistics is required.

PSY4974

Semester 2

6 Apr 2020

15 Aug 2020

Print course description

ECTS credits:

5.0

Instruction language:

English

Teaching methods:

Presentations, Assignment(s), Lecture(s)

Assessment methods:

Presentation, Written exam

Faculty of Psychology and Neuroscience

# **Group Research Project**

## **Full course description**

This seminar will enable the students to experience all steps of the research process from finding interesting research questions, over hypothesizing, applying research methods and designs, implementing and conducting the research project, collecting data, analyzing the data, evaluating the results and presenting the findings. They will do so mainly on their own with support from the professors. By applying their theoretical skill set on their own project each group will improve and extend their overall research skills.

#### **Course objectives**

Students will gain knowledge in extracting interesting research questions and in transferring those questions to appropriate research designs. Students will extend their overall research skills in specified areas of research.

Students will improve their social competencies by working in small groups to conduct a research project within one semester. In order to complete the group research project successfully, the students will learn how to coordinate, organize, and lead teams to complete the research project on time.

# **Prerequisites**

Substantial knowledge in research design and methodology.

PSY4975

Semester 2

6 Apr 2020

15 Aug 2020

Print course description

ECTS credits:

5.0

Instruction language:

English

Teaching methods:

Assignment(s), Lecture(s), Presentation(s)

Assessment methods:

Presentation

Second year courses

# International Joint Master of Research in Work and Organizational Psychology Year 2

Faculty of Psychology and Neuroscience

#### **Interventions in Human Resources**

#### **Full course description**

Intervention is in the essence of human resources management. The main practices of human resources management (training, personnel selection, performance appraisal...) are oriented to implement, change or improve something. Interventions in HR management are carried out by professionals (HR managers, HR technicians, consultants...) on a daily basis.

Research about these interventions is critical to build knowledge and know how, to identify successful and not so successful practices, and factors that can contribute to the success or failure of different interventions in different contexts.

This research should be an input for HR professionals in order to behave according to the scientific-professional model and implement evidence-based interventions. Researchers should contribute to this area identifying research gaps, and designing and carrying out intervention research projects.

# Course objectives

The general objective of this course is that students acquire knowledge and develop competencies regarding research on intervention in human resources. More specifically, at the end of the course the students will:

- Know the "state of the art "of intervention in the main HR practices and identify the main research gaps.
- Know how to make successive reviews and keep updated about developments in intervention in the main HR practices.
- Be able to assess and constructively criticize intervention research in the main HR practices, whatever the layout, but specially research projects and papers.
- Be able to design their own research projects in intervention in human resources to contribute to shed some light on the main research gaps.
- Know how to get funds for their research projects in intervention in human resources.
- Be able to make presentations of their research in international scientific conferences and write a scientific article of their research about intervention in human resources.

PSY5961 Semester 1 2 Sep 2019

31 Jan 2020

#### Print course description

ECTS credits:

5.0

Instruction language:

English

Teaching methods:

Lecture(s)

Assessment methods:

Assignment, Attendance, Presentation

Keywords:

Human resources, interventions, personnel selection, training and development, performance appraisal, compensation

Faculty of Psychology and Neuroscience

# Interventions in Work Psychology: Work Design and Work Teams

#### **Full course description**

The main purpose of this course is to provide students with theoretical and methodological tools for reviewing, criticizing and assessing interventions on work psychology, elaborate quality requirement for the design and implementation of new interventions and to contribute to conceptual developments for quality interventions.

The course aims to develop student competences through autonomous learning for identifying different kinds of work psychology interventions, detecting the criteria for effectiveness on these interventions, assessing the effectiveness, efficiency and non-intended effects of such interventions and defining, distinguishing evidence-based interventions and analyzing and defining needs for intervention theory and development.

# **Course objectives**

The students should be able to:

- Review and identify critical interventions in work psychology.
- Assess intervention proposals regarding different criteria:
  - Effectiveness.
  - Evidence-based interventions.
- Identify quality requirements for interventions in work psychology, barriers to implementation and non-intended results.
- Identify good practices for implementing interventions in work psychology.
- Analyze needs and goals for effective interventions in work psychology.
- Design interventions that fulfill quality requirements, detected needs and evidence-based criteria in the field of work psychology.
- Identify relevant stake holders and policy makers for work psychology interventions (unions, managerial boards, professional bodies, governmental agencies, ...).

PSY5962

Semester 1

2 Sep 2019

31 Jan 2020

Print course description

ECTS credits:

5.0

Instruction language:

English

Teaching methods:

Lecture(s)

Assessment methods:

Assignment, Attendance, Presentation

Keywords:

Work psychology, interventions, work design, Innovation, effectiveness, work groups Faculty of Psychology and Neuroscience

# **Organizational Psychology Interventions**

## **Full course description**

One of the main areas of research within the organizational psychology intervention is organizational change and development. Organizational change refers to "an empirical observation of difference in form, quality, or state over time in an organizational entity" (Van de Ven and Poole, 1995, p. 512). Both superficial and deep changes can be continuously observed, describing one of the basic characteristics of organizations. Researchers try to understand and measure change efforts and their consequences. For example, downsizing can have an effect on emotional reactions of workers and their performance. Peiró and Martínez-Tur (2008) reviewed theories to understand organizational change, theories for intervention, differences between convergent and divergent changes, and conditions for change (internal vs. external). Oreg, Vakola, and Armenakis (2011) presented a model for the understanding of organizational change with three types of variables: a) antecedents (characteristics of recipients, internal context of the organization, change process, perceived benefit; and change content); b) reactions of employees (affective, cognitive, and behavioral); and c) consequences of changes (work-related and personal). In addition, organization change is investigated from quasi experimental (Morgeson, Johnson, Campion, Medsker, and Mumford, 2006) and field survey approaches (Martin, Jones, and Callan, 2005).

# **Course objectives**

During this course, we aim that students acquire knowledge and develop competencies regarding organizational change and development, focusing the attention on research. To this end, some specific objectives are proposed:

- Students will be able to apply change theories to real processes of change.
- Students should be able to diagnose conditions for change, distinguishing between conditions for convergent vs. divergent change and between quick vs. gradual change.
- Students will be able to identify and describe variables involved in processes of change, including antecedents of change, reactions, and consequences.
- Students will be able to design a quasi-experimental study on organizational change.
- Students will be able to design a correlational study on organizational change.
- Students will be able to analyze a research study on organizational change critically.

Semester 1

2 Sep 2019

31 Jan 2020

Print course description

ECTS credits:

5.0

Instruction language:

**English** 

Teaching methods:

Lecture(s)

Assessment methods:

Assignment, Attendance, Presentation

Keywords:

Organizational changes, interventions, organizational development

Faculty of Psychology and Neuroscience

# **Interventions in Occupational Health Psychology**

#### **Full course description**

Occupational health and safety reflects the effect of the work environment on employees, groups and work units in organizations, and organizations as a whole (Tetrick and Peiró, 2012). According to the Journal of Occupational Health Psychology, there are three major domains of Occupational Health Psychology (OHP): the work environment; the individual; and the interface between work and non-work relative to employees' safety, health, and well-being. OHP takes a primary prevention perspective, focusing on the elimination of risks to employees' safety and health (Quick and Tetrick, 2003). In this context, Tetrick and Peiro (2012) recommend that future research should focus on (a) incorporate the realities of today's work environments, and (b) integrate a positive approach with countervailing interventions (Kelloway et al., 2006), so as not to just focus on prevention but also on enhancement and development of workers, the work environment, and the interaction between workers and the environment (Tetrick and Peiró 2016).

The main purpose of this course is to provide students with theoretical and methodological tools for reviewing, criticizing and assessing interventions on OHP, elaborate quality requirement for the design and implementation of new interventions.

## **Course objectives**

The general objective of this course is that students acquire knowledge and develop competencies regarding research on intervention in OHP. More specifically, at the end of the course the students will:

- Know the "state of the art "of intervention in OHP and identify the main research gaps. Reviewing scientific journals and also best practices reports.
- Be able to assess and evaluate intervention research in the main OHP interventions, identifying the more relevant factors and issued that should to be included in an intervention plan in this area.
- Be able to design their own research projects in intervention in OHP, taking into account new research design and measures (observational, qualitative, etc.).

PSY5964

Semester 1

2 Sep 2019

31 Jan 2020

Print course description

ECTS credits:

5.0

Instruction language:

English

Teaching methods:

Lecture(s)

Assessment methods:

Assignment, Attendance, Presentation

Keywords:

Occupational health psychology, interventions, occupational stress, evidence-based Faculty of Psychology and Neuroscience

## **Advanced Research Skills**

#### **Full course description**

As a natural science, Psychology produces knowledge about natural objects and phenomena (e.g., how memory works and some stored information can be retrieved). However, as an artificial science (Simon, 1996), Psychology also creates knowledge about artificial objects and phenomena (e.g., how and why an intervention program aimed to reduce job stress works). Some of these artificial phenomena that are relevant for WOP-Psychology are intervention programs aimed to improve organizational performance and employee well-being. In order to promote evidence-based practice, it is crucial for our discipline to generate rigorous and solid scientific knowledge about the effectiveness of the aforementioned intervention programs. Thus, researchers and practitioners will be able to make sound decisions about the most appropriate interventions under varying environmental and organizational conditions.

# **Course objectives**

The goal of this course is to equip students with the knowledge and competences that will enable them to conduct rigorous assessments about the effectiveness of organizational interventions. Its content is organized in two main sections:

Quasi-experimental designs for evaluating interventions in organizations. This section addresses the main quasi-experimental designs that can be implemented in organizations to ascertain the consequences of organizational interventions.

Mediation analysis for intervention research. This section is focused on the use of mediation analysis to generate evidence for how and why an intervention achieved its effects.

Students will be able to:

- Plan and implement quasi-experimental designs to evaluate organizational interventions.
- Conduct mediation analysis to ascertain how and why an intervention achieved its effects.

PSY5965

Semester 1

2 Sep 2019

31 Jan 2020

Print course description

ECTS credits:

6.0

Instruction language:

English

Teaching methods:

Lecture(s)

Assessment methods:

Attendance, Assignment, Final paper

Keywords:

Organizational changes, interventions, organizational development

Faculty of Psychology and Neuroscience

# **Preparing Master's Thesis Project**

#### **Full course description**

Master Students will devote 4th semester to elaborate and present their Master Thesis. During 3rd semester, students need to prepare a proposal for their master thesis including a short state of the art about the topic they are interested on, formulate some research question, identify potential hypothesis to be addressed on their Master thesis and define requirements about sampling, variables to be considered and research design. The aim of this course is to allow students to prepare such proposal under the supervision of Master staff who will guide the allocation of Master Thesis supervision and University of destination for 4th semester.

## **Course objectives**

Students will be able to:

- establish a topic and a research model to elaborate a Master thesis proposal;
- prepare a short "state of the art" about the topic chosen, identifying the cutting edge research and the gaps to be addressed;
- identify a relevant and of current importance regarding the topic addressed;
- formulate different research hypotheses to be considered in the Master Thesis;
- define the requirements for sampling and research design to analyze and test the formulated hypotheses.

PSY5971

Semester 1

2 Sep 2019

31 Jan 2020

Print course description

ECTS credits:

4.0

Instruction language:

English

Assessment methods:

Final paper

Keywords:

research design, sample, research question, hypothesis

Internships

## **Research Skills & Ethics**

Faculty of Psychology and Neuroscience

## **Advanced Research Skills and Research Ethics**

#### **Full course description**

The research of most students involves empirical research with human subjects. As this is highly challenging from an ethical perspective, we will pay attention to this more extensively. Legal regulations, ethical codes of research organizations, faculties or universities are important (and strict) guidelines that describe the duties of researchers and therefore are helpful in many cases. However, in all research projects there will be moments at which ethical principles conflict or at which it is a challenge to strictly conform to the rules of the ethical research codes. In addition, the reproducibility crisis in science and practices like HARKing and p-hacking require that students are aware of the importance of scientific integrity, and of how the research community is responding to these challenges.

#### Course objectives

- students know the central ethical principles underlying responsible conduct of research, particularly when human subjects are involved;
- students are able to evaluate research (plans) by means of the ethical principles;
- students are able to detect and reflect on ethical dilemmas in empirical research;
- students are able to work relatively autonomously from their supervisor and are able to stand up for themselves in a respectful (and effective) manner;
- students have the disposition to follow the ethical principles in their own research.

PSY5973

Semester 2

3 Feb 2020

3 Jul 2020

Print course description

ECTS credits:

4.0

Instruction language:

English

Assessment methods:

Participation, Written exam

Keywords:

ethics, research skills

Thesis

# **Master's Thesis Project**

Faculty of Psychology and Neuroscience

# **Master's Thesis Project**

## **Full course description**

Under supervision, students first write a proposal for the intended research. After the proposal is approved, students commence the research and complete the master's program by writing the thesis.

Each student has two supervisors who both assess the research proposal and the thesis.

## **Course objectives**

Students will be able to:

- write a proposal;
- conduct a supervised research project;
- report on the research results via a master's thesis.

#### **Prerequisites**

Students can only start the Research Internship when they have obtained at least 54 credits in the programme.

PSY5980

Semester 2

3 Feb 2020

3 Jul 2020

Print course description

ECTS credits:

26.0

Instruction language:

English

Teaching methods:

Assignment(s), Paper(s), Research, Skills

Assessment methods:

Attendance, Final paper, Observation, Participation

Keywords:

proposal, research, master's thesis